# Graduate Program Catalog 2008-2009



President Will Morris and Dean of Faculty Jamie Wu Academy of Oriental Medicine at Austin

#### **Accreditation and Authorization**

\* The Master of Acupuncture and Oriental Medicine program of the Academy of Oriental Medicine at Austin is accredited by the Accreditation Commission for Acupuncture & Oriental Medicine (ACAOM), which is the recognized accrediting agency for the approval of programs training acupuncture and Oriental medicine practitioners.

\*\* The Academy of Oriental Medicine at Austin is a candidate for accreditation with the Commission on Colleges of the Southern Association of Colleges and Schools to award the masters degree. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4067 or call 404-679-4500 for questions about the status of the Academy of Oriental Medicine at Austin.

\*\*\* The Texas Higher Education Coordinating Board has granted a Certificate of Authority to the Academy of Oriental Medicine at Austin to award the degree listed below:

Master of Acupuncture and Oriental Medicine degree with major in Acupuncture and Oriental Medicine

This certificate is a license to operate in the State of Texas and does not constitute accreditation; the issuance of this certificate attests only to an institution's having met the Board's standards established for nonexempt institutions.

#### **Credentials and Affiliations**

The Academy of Oriental Medicine at Austin is...

- Accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM)\*
- Candidate for accreditation with the Commission on Colleges of the Southern Association of Colleges and Schools\*\*
- Approved by the Texas Higher Education Coordinating Board to grant the Master of Acupuncture and Oriental Medicine degree\*\*\*
- Certified by the US Department of Education Title IV Student Federal Financial Aid Program to provide low cost student loans to qualified applicants
- Approved by the Texas Board of Acupuncture Examiners
- Approved by the State of California, Department of Consumer Affairs, Board of Medical Quality Assurance, Acupuncture Committee
- Approved by the American Organization for Bodywork Therapies of Asia (AOBTA  $^\circledR$  )
- Approved by the US Immigration and Naturalization Service to issue Form I-20, enabling prospective foreign students to apply for F-1 visas
- Approved by the Veteran's Administration training under United States Code Title 38 (G.I. Bill)
- Approved by the Texas Department of Assistive and Rehabilitative Services (DARS)
- A member of the Council of Colleges of Acupuncture and Oriental Medicine (CCAOM)
- A member of the Texas Association of Acupuncture and Oriental Medicine (TAAOM)
- A member of the American Association of Acupuncture and Oriental Medicine (AAAOM)
- A member of the Society for Acupuncture Research
- A member of the American Botanical Council

**Questions or complaints** about this institution should be addressed to the following agencies:

Texas Higher Education Coordinating Board

Box 12788, Capitol Station

Austin, Texas 78711 Phone: (512) 427-6225

Accreditation Commission for Acupuncture and Oriental Medicine Maryland Trade Center # 3

7501 Greenway Center Drive Suite #820

Greenbelt, MD 20770 Phone: (301) 313-0855

#### A Green Company

AOMA is recognized as a Green Company by Co-Op America, an organization that registers and maintains a list of socially conscious businesses. AOMA is also a buyer of "green energy" under the City of Austin's Green Energy program.

#### BOARD OF GOVERNORS

#### JoyLynn Hailey Reed, PhD - Chair

Associate Provost, Mary Hardin-Baylor University, Temple, Texas PhD, Educational Psychology, The University of Texas at Austin, 1989

#### Kenneth H. Beck

Co-founder – The Crossings, Austin, Texas BS, Electrical Engineering, University of Minnesota, 1967

#### Glenda J. Chamberlain

Chief Financial Officer & Executive Vice-President –Whole Foods Market, Austin, Texas

BBA, University of Texas at Austin, 1973

#### Betty J. Edmond, MD

Physician, Austin, Texas MD, University of Texas Medical Branch, Galveston BS, University of Texas at El Paso

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Professor – School of Information, University of Texas at Austin PhD, Information Science, Case Western Reserve University, 1970

#### Leslie Lynn Myers, JD, LAc

Consultant – Texas Institute of Continuing Legal Education, Austin, Texas

JD, St. Mary's University, 1984

MS, Oriental Medicine, Academy of Oriental Medicine at Austin, 1996

#### Karen E. Nunley, LAc

Licensed Acupuncturist in Private Practice, Austin, Texas MS, Oriental Medicine, Academy of Oriental Medicine at Austin, 1996

#### Richard D. Pomp, Esq

Alva P. Loiselle Professor of Law – University of Connecticut, Hartford JD, magna cum laude Harvard Law School, Cambridge, Massachusetts, 1972

## Contents

General Information
Letter from the President
Acupuncture in America
Acupuncture and the Law
National Certification
Career Opportunities
California Option
Introduction to AOMA
Accreditation & Approval
Vision, Mission, & Educational Objectives
Overview of the Program
Academic Calendar
The Academic Year
Part-time vs. Full-time Study4
Academic Leadership5
Key Features
Facilities
Admission
Admission Criteria10
Acceptance
Transfer Credits
Continuous Enrollment
Tuition and Fees
Tuition
Payment Plan
Miscellaneous Costs9
Withdrawal from the Program/Refund Policy 9
Financial Aid
Student Services
Support of Academic Excellence
Library12
White Crane Herbal Medicine Center and Bookstore12
AOMA Student Association

## **Program Information** Post-Graduate Education and Alumni Support .........15 Accelerated Three-Year and One Term Plan ..............16 **Course Descriptions Integral Studies** Chinese Medicine Fundamentals ...............................21 Case Management, Practice Management, Research, Communication & Ethics ............22 **Faculty** Personnel President's Cabinet ......32 Reference Resources . . . . . . . . . . . . . . . . . . Inside back cover

## Letter from the President



William R. Morris, LAc President, AOMA

Welcome to AOMA, one of the leading schools of acupuncture and Oriental medicine in America. AOMA's mission is to transform lives and communities through graduate education in Oriental medicine and I am pleased that you are participating in this journey. Transformation happens for each of us at a personal level and then extends to our circles of interest, our patients, our teachers and eventually a nation.

It is no small feat to change your life in a way that empowers you to heal others. We at AOMA are committed to providing the support you need to achieve your academic, personal and professional goals. To empower you on this journey, many of our faculty members and administrators have advanced degrees that expand their areas of knowledge and influence.

I was attracted to AOMA based on the institution's values, integrity and dedication to ecological and social concerns. Along these lines, it is my sincere desire that we work together to offer services through venues such as the Seton healthcare

network and People's Community Clinic as part of our commitment to service. Together, we can make a difference – and we will.

Welcome again to the AOMA family. This is a noble profession and I look forward to sharing it with you.

Sincerely,

William R. Morris, LAc President, AOMA

"A tree as great as a man's embrace springs from a small shoot;

A terrace nine stories high begins with a pile of earth;

A journey of a thousand miles starts under one's feet."

– Tao Te Ching, Chapter 64

## Acupuncture in America

Welcome to AOMA and the exciting profession of acupuncture and Oriental medicine. This educational experience is transforming. You will grow and your life will change as you become empowered to heal.

#### Acupuncture and the Law

Acupuncture and Oriental medicine in America has evolved into a form of healthcare that is professionally licensed and regulated in most states. The evidence for this medicine continues to increase. According to the 1997 National Institutes of Health Consensus Development Conference Statement: "There is sufficient evidence of acupuncture's value to expand its use into conventional medicine and to encourage further studies of its physiology and clinical value." New medical literature demonstrates acupuncture's effects on nearly every system in the body. Currently, over 1.5 million Americans seek treatment from over 25,000 professionals.

Today, Oriental medicine is practiced in hospitals and clinics nationwide and covered by government and private health insurance providers throughout the United States. Health insurance companies are increasingly aware of the cost effectiveness and advantages of acupuncture and Oriental medicine as a form of healthcare. This wave of acceptance continues to grow.

#### **National Certification**

AOMA graduates are qualified to sit for the National Certification

Commission for Acupuncture and Oriental Medicine (NCCAOM) examinations, often referred to as the 'national boards'. Most states require the NCCAOM certification for licensure. AOMA graduates have one of the highest pass rates in the country on the NCCAOM exams.

#### **Career Opportunities**

AOMA graduates are qualified to apply for licensure in most states, including Texas and California. With more than 20 million people, Texas is the second largest state, yet has only about 600 licensed acupuncturists. This gives the AOMA graduate who wants to practice in Texas a large potential patient base. Private practice is one venue for graduates. Others include multidisciplinary healthcare centers, herbal companies, pain management practices and integrative care clinics.

#### California Option

AOMA's Master of Acupuncture and Oriental Medicine degree program is approved by the California Acupuncture Board. As such, graduates may sit for the California Licensure Examination Graduates pursuing this option must complete 15 credits in basic sciences: general biology, chemistry (including organic and biochemistry), general physics (including a survey of biophysics), general psychology, and pathology. The academic advisor maintains a list of courses available at Austin colleges that satisfy this requirement. Once completed, these courses will be listed on official transcripts as "CBT" for the California Option.

## Introduction to AOMA

AOMA was founded in 1993 and achieved national accreditation in 1996 for its masters degree in acupuncture and Oriental medicine. Located in north Austin's Village Center, AOMA's campus provides a contemplative environment with a gazebo, brick walkways, koi ponds and a meandering creek. The school now occupies more than 19,000 square feet of classroom, administrative, academic support, and clinic space, with wireless access throughout the campus. AOMA's busy clinic sees more than 10,000 patients per year, providing extensive experience in the practice of acupuncture and Oriental medicine. Clinical rotations also

occur at People's Community Clinic, the Heritage Duval Gardens Nursing Home, the Seton Topfer Clinic, the Seton Williamson GoodHealth Commons Clinic and the Kerrville Folk Festival. These clinics provide a unique learning opportunity for our students to gain competencies in a range of collaborative care environments. AOMA has enjoyed steady growth, guided by an experienced leadership team. AOMA's dedicated and experienced faculty are committed and remain with the institution over time. All full-time faculty members have doctoral-level equivalent education and several hold a second doctorate.

#### Accreditation and Approval

AOMA is accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM) and is also a candidate for regional accreditation by the Southern Association of Colleges and Schools. AOMA is also approved by the Texas and California Acupuncture Boards. AOMA is recognized by the Texas Rehabilitation Commission, the Immigration and Naturalization Service for for-

eign student training, and is approved for veteran's training. AOMA is authorized to offer the Master of Acupuncture and Oriental Medicine degree by the Texas Higher Education Coordinating Board.

#### Vision

Our vision is to be a leader in Oriental medicine education by engaging the hearts and minds of our students and by training compassionate and skilled practitioners who embody the art and spirit of healing.

#### **AOMA Mission Statement**

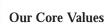
The mission of AOMA is to transform lives and communities through graduate education in Oriental medicine by:

- Providing excellent and innovative teaching of acupuncture and Oriental medicine to learners while developing knowledge, skills, and attitudes that lead to intellectual and personal growth
- Delivering high quality acupuncture and Oriental medical healthcare to our patients
- Providing leadership for the development of acupuncture and Oriental medical professionals

#### **AOMA Educational Objectives**

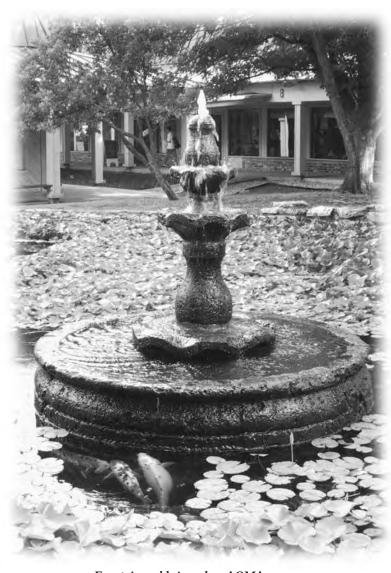
Graduates of the AOMA master degree program will:

- Have the knowledge base necessary to enter the profession
  - Practice professional behaviors and values
  - Provide patient-centered care
  - Incorporate evidence and experience based practices
  - Participate in collaborative patient care



We recognize that the outcomes we produce result from the collective activities of the AOMA community. We are committed to act in ways that are consistent with the following core values:

- Sustainability: Our programs and community engagements are sustainable and effective.
- Integrity: We do what we say we will do. In our communication we are honest and complete.
- Inspiration: We are called into action by a spirit of purposeful aliveness.
- Flexibility and openness: We conscientiously choose our actions in consideration of all the parties involved.
- Professionalism: In all that we do, we are impeccable, clear and complete.
- Compassion and service: In word and action, we look for opportunities to benefit others.



Fountain and koi pond on AOMA campus

#### Overview of the Program

The Master of Acupuncture and Oriental Medicine program includes training in acupuncture and moxibustion, Chinese herbal medicine, taichi, qigong, Asian bodywork, nutrition, biomedical sciences, case management, practice management, ethics, communications and an extensive clinical training experience of more than 1,000 hours. AOMA's four year masters program, under exceptional circumstances, can be completed in three years and one term.

AOMA believes the best way to learn a gentle, effective medicine is from gentle, effective teachers and that learning to heal should take place in a healthy environment. Our classes are limited in size to provide an atmosphere most conducive to achieving our goals. We encourage applications from students who are ready for a supportive yet rigorous educational experience.

Students may elect to take optional certificate courses in Asian bodywork. Though not eligible for financial aid, students completing the series may apply to the American Organization for Bodywork Therapies of Asia (AOBTA®) for national certification as Asian bodywork therapy practitioners and to the NCCAOM for the national board exam and national certification.

#### **Clinical Training**

AOMA students begin clinical observation as early as the first term of training. Observers familiarize themselves with the flow of the acupuncture treatment and begin to connect the clinical practice of medicine to classroom learning. Students then observe treatments administered by experienced professional practitioners in 'clinical theaters' and participate in discussions led by the instructor. Clinical internship begins after completing the first year courses and the benchmark examination. Interns conduct a minimum of 450 treatment sessions during the course of the program. Our active student intern clinics are often full, providing students with the number of

patients necessary to complete their treatment requirements. Community clinic rotations give interns access to a more diverse group of patients and provide experience in collaborative healthcare settings.

#### The Academic Year

The Academy of Oriental Medicine at Austin operates on four terms each year. The fall, winter, and spring quarters consist of twelve weeks of study with a one-week break during and after each term. The summer term is eight weeks of study, including expanded class hours with no mid-term break. Several classes and clinics are offered during the summer term. Students should plan to attend one or more full summers during the course of their studies. New students may enter the program in July, September, or January. Transfer students who are accepted for admission may enter the program at the start of any term (January, April, July, or December).

#### Part-time vs. Full-time Study

We recognize that scheduling is often challenging for students who must accommodate work and family, so we have designed several options for students to consider. Certain classes are offered only in the daytime, on the weekend, or in the evening, however, and students should plan accordingly. Students should also be aware that the program must be completed within eight calendar years of initial enrollment.

## Academic Calendar

#### SUMMER 2008 TERM

July 13 - 20 July 18	Spring/Summer Intermission New Student Orientation
July 21	First Day of Class
Aug 11 - 14	Registration, Fall Term
Sept 13	Last Day of Class

#### FALL 2008 TERM

Sept 14 - 21	Summer/Fall Intermission
Sept 19	New Student Orientation
Sept 22	First Day of Class
Nov 17 - 20	Registration, Winter Term
Nov 23 - 30	Thanksgiving Break
Dec 20	Last Day of Class

#### WINTER 2009 TERM

Jan 2	New Student Orientation
Jan 5	First Day of Class
Feb 15 - 22	Mid-term Break
Apr 4	Last Day of Class

#### SPRING 2009 TERM

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Apr 5 - 12	Winter/Spring Intermission	
April 13	First Day of Class	
May 24 - 31	Mid-term Break	
July 4**	US Independence Day Holiday	
July 11	Last Day of Class	
** July 4 holiday classes will be made up on June 27. Classes		

may vote to hold class on July 4 to avoid a make-up day.

#### SUMMER 2009 TERM

July 12 - 19	Spring/Summer Intermission
July 17	New Student Orientation
July 20	First Day of Class
Sept 12	Last Day of Class

#### FALL 2009 TERM

Sept 13 - 20	Summer/Fall Intermission
Sept 18	New Student Orientation
Sept 21	First Day of Class
Nov 22 - 29	Thanksgiving Break
Dec 20	Last Day of Class

#### WINTER 2010 TERM

New Student Orientation
First Day of Class
Mid-term Break
Last Day of Class

#### SPRING 2010 TERM

Apr 4 - 11	Winter/Spring Intermission
April 12	First Day of Class
May 23 - 30	Mid-term Break
July 10	Last Day of Class

#### SUMMER 2010 TERM

July 11 - 18	Spring/Summer Intermission
July 16	New Student Orientation
July 19	First Day of Class
Sept 11	Last Day of Class

#### FALL 2010 TERM

Sept 12 - 19	Summer/Fall Intermission
Sept 17	New Student Orientation
Sept 20	First Day of Class
Nov 21 - 28	Thanksgiving Break
Dec 19	Last Day of Class

#### APPLICATION DEADLINES

Term	App Deadline
Winter 2009	.Nov. 3, 2008
Spring 2009	.Feb. 9, 2009
Summer 2009	.May 18, 2009
Fall 2009	July 20, 2009
Winter 2010	.Nov. 2, 2009
Spring 2010	.Feb. 8, 2010
Summer 2010	May 17, 2010
Fall 2010	July 19, 2010

Academic Leadership



Back row, left to right: Raja Mandyam, Xiaotian Shen, Qianzhi (Jamie) Wu Front row, left to right: Yongxin Fan, Dongxin Ma, Yuxin He, Zheng Zeng, Yuxia Qiu, Yuxing Liu, Song Luo

#### Veronica L. Conners, RN, PhD, EdD

Provost

PhD, University of Texas at Austin, 1995

EdD, University of Houston, 1979

MSN, Ohio State University, 1973

BSN, Texas Women's University, 1971

Dr. Conners has a 34 year history in professional medical academia. She has a PhD from the University of Texas at Austin in nursing with a focus on gerontology, and a Doctorate in Education focused on educational administration from the University of Houston. Her postdoctoral studies are in the area of nursing informatics. She has numerous publications and research grants to her credit.

#### Qianzhi (Jamie) Wu, LAc, MD (China), MS

Dean of the Faculty

MMed, Chengdu University of TCM, 1985

BMed, Lu Zhou Medical College, 1982

Qianzhi Wu began his acupuncture studies as the apprentice of a veteran "barefoot doctor" in China, later enrolling for seven years of systematic training. Over a ten-year period, he taught acupuncture,

Chinese bodywork, foundations of Chinese medicine, and Chinese medical qigong as associate professor at the Chengdu University of Traditional Chinese Medicine (TCM), one of the three oldest and most prestigious TCM universities in China. He was also a chief acupuncturist at Chengdu University's teaching hospital. From 1987 to 1992, he was a major contributor to the Depository of Questions used by the Sichuan Province's equivalent of the US National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM).

In 1992, he received a provincial award as an excellent instructor. In 1994, the China Ministry of Education advocated the "211 Project," a project for national higher education reform. As chief contributor and leader for the design of the "211 Project" for Chengdu University of TCM, Wu was involved in redesigning TCM programs and curriculum for the bachelor, master, and doctoral levels and was highly honored by the academic committee of the university. Wu has published six Oriental medicine books (four of them as the primary author) and many papers in China, Germany, and the United States. Wu is a past commissioner of NCCAOM and served as the chairman of the Chinese Herbology and Asian Bodywork Examination

Development Committees of NCCAOM. He has been an AOMA faculty member since 1996.

#### Yuxin He, LAc, PhD, MD (China)

Dean of Academics

DMed, Liaoning College of TCM, 1994

MMed, Nanjing University of TCM, 1989

BMed, Jiangxi College of TCM, 1986

Yuxin He was an associate professor of TCM at Heilongjiang University of Traditional Chinese Medicine. He earned his degrees and taught in five of China's top medical schools. He was one of two post-doctorate researchers in the field of TCM in China prior to 1995, in a program designed to develop excellent young scientists and academic leaders in the profession. He has a broad base of experience with the higher education system of TCM and has contributed invaluable academic suggestions for AOMA's acupuncture and Chinese herbal training program and curriculum in the past several years. He also has extensive research and teaching experience and has published more than two dozen professional papers and books. He is a committee member of the Chinese Herbology Examination Development Committee of the NCCAOM and has been an AOMA faculty member since 1996.

#### Dongxin Ma, LAc, PhD, MD (China)

Director, Department of Herbal Studies DMed, Beijing University of TCM, 1997 MMed, Heilongjiang University of TCM, 1993

BMed, Heilongjiang University of TCM, 1990

Dongxin Ma practiced Oriental medicine and taught foreign students in China and Sweden for more than eight years. He studied under Professor Mianzhi Wang, a well-known 19th generation Chinese medicine expert specializing in Chinese herbal formulas. As an educator and clinical expert in both acupuncture and Chinese herbology, Ma has published numerous research papers and books, and has participated as a presenter in several international conferences in the field. He has been an AOMA faculty member since 1999.

#### Raja Mandyam, MD (India)

Director, Department of Biomedical Sciences

MBBS, Bangalore University, 1966

Raja Mandyam obtained membership of the Royal College of Physicians, London in 1974 and held a consultant post at Medway Hospital in Kent, England, specializing in intensive care. He has worked worldwide and has held consultant physician positions in England, India, Papua New Guinea, and Saudi Arabia. He taught for more than 10 years at a medical school in Bangalore, India. Mandyam is interested in the adaptation of modern medicine for trans-cultural settings and extending healthcare teaching at all levels. In 1998, he was elected to the fellowship of the Royal College of Physicians, London. He has been an AOMA faculty member since 2000.

#### Yuxia Qiu, LAc, MD (China), MS

Director, Department of Integral Studies MMed, Chengdu University of TCM, 1999 BMed, Hebei College of TCM, 1996

Yuxia Qiu practiced and taught foreign students at the Hu Gou Si Teaching Hospital in Beijing. As a TCM practitioner and Qigong practitioner, she has published many papers and books in several research fields: gastrology, gynecology, needle techniques, Qigong and the fundamental theory of TCM. She has been a member of the AOMA faculty since 2001 and the director of the integral studies department since 2007.

#### Xiaotian Shen, LAc, MD (China), MPH (Israel)

Director, Department of Clinical Training

MPH, Hebrew University, 1999

BMed, Chengdu University of TCM, 1993

Xiaotian Shen was a physician of traditional Chinese medicine at the Teaching Hospital of Sichuan College of Medicinal C.E., a contributor to various professional journals, and a participant of several research projects. He is a frequent presenter at international conferences. He also serves as a national examiner of Clean Needle Techniques for the Council of Colleges of Acupuncture and Oriental Medicine. His educational experiences in China and abroad and his interest in public health have furthered AOMA's clinical training collaborations in the Austin healthcare community. Shen has been an AOMA faculty member since 1999.

#### Zheng Zeng, MD (China), MS

Director, Department of Acupuncture MMed, Chengdu University of TCM, 1994 BMed, Chengdu University of TCM, 1991

Zheng Zeng practiced at the Teaching Hospital of Chengdu University where she taught both Chinese and foreign students for more than eight years. She also taught in Tel-Aviv, Israel. She is a licensed acupuncturist and herbalist specializing in women's health (including fertility problems, menstrual disorders, and menopausal issues), allergies and more. Zeng participated in clinical research on treating diabetes and rheumatoid arthritis with herbs and acupuncture. She has published papers and books on subjects such as treating psycho-emotional diseases with acupuncture and treating gynecological and dermatological diseases with acupuncture and herbs. Zeng has been an AOMA faculty member since 2002.

#### Yuxing Liu, LAc, PhD, MD (China)

Director, Department of Research DMed, Chengdu University of TCM, 2003 MMed, Chengdu University of TCM, 1995 BMed, Hunan College of TCM, 1992

Yuxing Liu began practicing Chinese medicine in 1992. He served as director and associate researcher of the Central Lab of Acupuncture and Tuina College of Chengdu University of TCM. Liu directed and instructed over 15 research projects. He has published over 36 papers and articles about his clinical experiences and research on topics as far-reaching as pain management, psychological and emotional disorders, and rheumatoid arthritis. He is the author of seven textbooks on TCM, one of which is used throughout China by postgraduate students in TCM colleges and universities. He specializes in the treatment of pain management, allergies, stress, anxiety, depression and gastrointestinal disorders. He has been an AOMA faculty member since 2004.



#### Courtyard of AOMA campus

## Key Features

- The rigorous curriculum makes AOMA one of the most comprehensive graduate programs in the profession. AOMA graduates may apply for licensure in most states that regulate acupuncture and Oriental medicine, including California and New Mexico. Our graduates consistently have a high passing rate on the national board examinations.
- We require more than 1,000 hours of clinical experience, graduating confident and professional practitioners. Our busy intern clinic is often fully booked and provides students with a strong foundation of practical, hands-on experience.
- AOMA's program is one of the few in the country that requires Asian bodywork therapy as an integral part of the curriculum. Asian bodywork training emphasizes the connection between body, mind, emotions, and spirit and fosters the students' development of compassion, sensitivity, intuition, and awareness in the practice of Oriental medicine.
- Our faculty is world-class with many professors having international reputations as practitioners, educators, authors, and researchers.
- Our academic leadership consists of individuals with many years of teaching, research, and clinical experience who are highly regarded by students and peers alike.
- We have established collaborative relationships to offer clinical services in locations such as the GoodHealth Commons Integrative Wellness & Education Center and the People's Community Clinic, providing students with a variety of clinical training experiences under the supervision of our licensed faculty.
- Our institution is politically active on the local, state, and national levels, working to ensure continued professional development in the field while modeling leadership qualities for our students and graduates.
- AOMA's classes are small enough to allow individual attention to the needs of each student and our high admissions standards are reflected in the quality of the student body.
- Our administrative team combines experience in higher

- education, student services, curriculum development, professional practice and business management, providing a stable environment in which to learn.
- The qigong and taichi studies are led by world class faculty who
  provide guidance in this profound method of self-cultivation.
  Training in these patient-centered care systems prepares you for
  the emerging needs of the US population.
- Our annual Southwest Symposium brings together practitioners and teachers from around the world to present the latest trends and current research in the field, offering graduates the opportunity to stay abreast of new developments and to network with their peers.
- Our China Study Tour offers students and graduates an opportunity to study with masters in the heart of the culture that gave birth to the medicine.
- The campus is located in a peaceful and tranquil setting to ensure a meditative atmosphere conducive to the educational process.

## Facilities

AOMA is located north of the downtown and University of Texas areas of Austin and is easily accessible from the city's main thoroughfares. It is situated in a small complex of quiet buildings that offer a variety of services, including Asian restaurants, an espresso bar, art studios, and a fitness center. A popular art cinema is a short walk from the classrooms. Outside our classrooms and clinic are Asian-styled gardens, lovely koi fish ponds, and a tranquil gazebocovered sitting area, perfect for study or meditation. Ample parking is available. AOMA has spacious classrooms, clinic treatment rooms, and reception areas, as well as an extensive library with highspeed internet access, administrative offices, a student lounge, a bookstore, an herbal medicine shop, and an Asian Bodywork and Martial Arts Training Center. Classes and clinics are scheduled in the daytime and evenings as well as weekends. The administration office is open during the week and by appointment for student advising.

## Admissions

AOMA considers applicants who show a high level of personal integrity, clear intention, and an aptitude for Oriental medical education at the professional level.

#### **Admission Criteria**

- 1. A bachelor's degree or higher, or the equivalent, from a regionally accredited institution.
- 2. Demonstrated scholastic achievement at the undergraduate lev-

el evidenced by a minimum grade point average of 2.5 in the last 60 hours of study.

3. Completed application form with all supporting documents and the application fee.

#### **Exception:**

- 1. Completion of at least 90 semester credits (135 quarter credits) from a regionally accredited college or university or its equivalent with a minimum grade point average of 2.5.
- 2. The 90 credits must include at least 30 credits of general education courses drawn from the following areas:
- Humanities and fine arts (minimum 6 credits);
- Social and behavioral sciences including history and political science (minimum 6 credits);
- Natural sciences and mathematics (minimum 6 credits);
   and
- Communications, written and oral (minimum 6 credits).
- Basic computer literacy is also expected.

An admissions advisor will assist prospective students with identifying specific courses among their completed work that satisfy the general education requirement.

## Admission Criteria for Transfer Students

Transfer students are subject to all of AOMA's admission require-

ments in effect at the time of admission. In addition, transfer students must have a minimum GPA of 2.75 in their previous acupuncture and Oriental medicine studies to be considered for admission. Transfer students may apply to AOMA for admission in the winter, spring, summer or fall terms. In order to graduate from AOMA, a transfer student must successfully complete at least one academic year (38 didactic credits and 384 clinic hours) and pass, with a score of 70% or better, all practical and written benchmark and exit exams.

#### Conditional Admissions—Transfers:

Applicants may also be conditionally admitted as a transfer to the institution if they have demonstrated an aptitude for professional study of acupuncture and Oriental medicine through both of the following:

- Completion of a minimum of 60 semester credits or 90 quarter credits from a regionally accredited institution with a minimum GPA of 2.5 for such credits (to include a minimum of 30 credits in general education from the areas described above); and
- 2. Completion of at least one academic year (minimum 30 semester

credits/45 quarter credits) of acupuncture and Oriental medicine studies with a minimum GPA of 2.75 at a recognized accredited institution.

See also Transfer Credits.

All conditionally admitted applicants are reviewed on an individual basis by the admissions committee and may be required to complete additional coursework in order to gain the necessary proficiencies to advance in the program. At the conclusion of the term in which a conditionally admitted student has completed 18 quarter credits, his or her academic record will be reviewed. If the GPA is above 2.50, the student will be allowed to continue in the program and the conditional status will be removed. If the GPA is below 2.5, the student will be placed on academic probation for one term and must seek academic advising. If the GPA is below 2.0, the student will be dismissed from the program and not allowed to continue.

AOMA accepts credit obtained through testing such as the College Level Examination Program (CLEP), on-line courses, correspondence, etc. only if such credits have been previously accepted by a regionally-accredited college or university and documented on the official transcript sent to AOMA.



AOMA classroom

In addition to the minimum credits for admission, AOMA requires prospective students to have 6 semester credits/9 quarter credits of coursework in anatomy and physiology before beginning the clinical intern experience. Students who have not met this requirement before entering the first year may take AOMA's anatomy and physiology course or complete it at a regionally accredited institution during the first year of study.

## Checklist of Admission Requirements for the Master of Acupuncture and Oriental Medicine Program

#### **US Applicants:**

AOMA considers applicants with a high level of personal integrity, clear intention, and an aptitude for Oriental medical education at the professional level. In addition to meeting the Admission Criteria outlined in this catalog, applicants must have basic computer skills and a high degree of competency in the English language, both in speaking and writing.

Applicants who meet the admissions requirements will be considered for admission upon submission of:

- $\square$  Completed application form
- ☐ \$75 nonrefundable application fee ☐ Current resume, outlining edu-
- cational and professional development
- ☐ Two letters of reference sent directly to AOMA from professionals, instructors, and/or employers who know the applicant and the applicant's skills and ability to perform masters level studies
- ☐ Official college transcripts sent directly from the college(s) attended to AOMA's admissions office
- ☐ Copies of any professional licenses or certificates
- ☐ Two passport-sized photos
- ☐ Email address to receive electronic communications
- ☐ Personal statement of no less than 350 words to include:
- ☐ Reasons for embarking on this course of study at this school
- ☐ Demonstration of a keen desire to study Oriental medicine
- ☐ Proof of an understanding of the major commitment of time, finances, and personal dedication necessary for a successful academic career
- ☐ Career plans

Applicants are required to interview with the director of admissions

and/or his/her representative before being accepted into the program.

Satisfying the admission criteria is one step of the application process and does not guarantee entrance into the program.

#### Foreign Applicants

AOMA has been authorized by the US Immigration and Naturalization Service (INS) to issue Forms I-20 to enable prospective foreign students to apply for F-1 Visas. In addition to meeting all

admissions requirements for US applicants, INS regulations mandate additional document submissions for foreign applicants. AOMA will issue a Form I-20 upon receipt of:

- 1. All documents required of US applicants;
- 2. A non-refundable application fee of \$225\*, payable in US funds;
- 3. Official transcripts, in English, sufficient to establish the completion of the equivalent minimum educational requirements noted in the Admission Criteria section of this catalog. These transcripts must be mailed directly to AOMA from the institution where the work was completed. AOMA will then have the transcripts

evaluated by an approved service at no expense to the student.

- 4. An original TOEFL score report from ETS documenting a score of at least 525 (180 computer based score) and a TSE score at least at the mean. Applicants who have completed their academic prerequisites in the US or other English language institutions are not required to submit a TOEFL or TSE report; and
- 5. Documentation of financial resources sufficient to demonstrate the ability to live and attend school in the United States without working (letter of credit, letter of support, certified copy of bank account balance, etc).
- \* The application fee for foreign applicants already legally in the United States is \$75. Such applicants must themselves arrange for evaluation of their foreign transcripts by an AOMA-approved credential evaluating service at their own expense.

#### Acceptance

All applications will be evaluated by the director of admissions and the admissions committee. Notification of acceptance or rejection will be mailed or communicated within two weeks of receipt of the completed application, all supporting materials, application fee, and completion of the admissions interview. Applicants are encouraged to apply well in

advance of their preferred entry date.



Peaceful spot on AOMA campus

#### **Transfer Credits**

Transfer credits are granted only from accredited schools. Official transcripts of all previously completed work are to be submitted to the director of admissions prior to enrollment. Many factors are taken into consideration when granting transfer credits, including, but not limited to: the particular school where credit was originally earned, course length, content and



requirements, length of time since work was completed, and grade received. The student advisor will comprehensively evaluate the student's previous coursework and determine the specific course and clinic requirements that the student must complete during his/her course of study at AOMA. This evaluation will be done within seven days of receipt of the official transcript(s). The student will be given a written copy of the evaluation of transfer credits.

The school will determine, at its discretion, whether the subject matter of the course(s) previously taken by the student is substantially the same as the subject matter of any course(s) contained in the student's eligible program of study at the school. If the school determines that the subject matter of any of the student's prior course(s) is substantially the same as the subject matter of any course(s) in the student's eligible program of study at the school, the school will grant the student credit for such prior course(s).

AOMA reserves the right to ensure course competency for any transfer course. A student may be required to 'audit' a course for which he/she is receiving credit, or may be required to pass a Challenge Exam with a score of 75% or better, or may be required to take an assessment exam to determine his/her level of entry and competency.

Courses successfully taken in another program are not eligible for veteran's educational benefit. Each student desiring to receive veterans' educational benefits must provide the school with an official transcript for all previous post-secondary education and the student's military discharge document, DD214, prior to the first scheduled class in the student's eligible program of study.

#### **Continuous Enrollment**

Students are expected to register for at least nine credits and attend classes continuously in each regular term until they complete the program, unless they have requested a formal leave of absence or policy waiver in accordance with procedures outlined in the Student Manual. Failure to do so will result in the student being placed in administrative withdrawn status. The summer session is not considered to be a regular term for purposes of this policy.



Qigong class outside

## Tuition and Fees (effective Fall 2008)

AOMA intends to provide a high-quality education at a reasonable cost to students.

#### Tuition

\$180 per credit for didactic coursework \$300 per credit for clinical instruction

#### **Program Costs**

The cost per clock hour for full-time students is \$15.00 for didactic courses and \$12.50 for clinical instruction. The total cost of tuition for the complete program is approximately \$45,680. AOMA reserves the right to make tuition adjustments of 4 - 8% per year that reflect changes in the cost of living and cost of education, subject to governing board approval.

#### **Program Related Fees**

#### Other Fees

 $<sup>^{\</sup>ast}~$  The insurance covers the student throughout his/her clinical and techniques training at AOMA. This is an estimated cost and may vary slightly from year to year.

AOMA reserves the right to withhold the transcripts or diploma for any student or graduate with an outstanding balance or unreturned library books and/or other AOMA property.

#### **Payment Plan**

All tuition is due by the end of tehe first week of the term or arrangements for payment made prior to the first day of class. For classes and clinics added after the term begins, tuition must be paid or arrangements for payment made prior to acceptance in the registration

<sup>\*\*</sup> The finance fee is for those students paying tuition on a monthly payment plan only. If monthly payments are more than five days late, there is an additional \$25 late fee.

system. A per term payment plan is available upon approval of the director of accounting and finance to students registered for a minimum of nine credits. A per-term tuition finance fee of \$50 will be charged for this service. Tuition payments are coordinated with the finance director. If payment cannot be made on time, students must call the finance director prior to the due date to make other arrangements. The late fee schedule is as follows:

#### **Miscellaneous Costs**

In addition to tuition, there are a number of other expenses that students should anticipate, including textbooks, an herbal sample kit, a lab jacket and clinical tools such as stethoscopes and needles. The cost of books and clinical supplies averages about \$150 per term, with book costs slightly higher the first term of any given year.

#### Withdrawal from the Program

There are two types of withdrawals: voluntary and administrative. A student may voluntarily withdraw from the program by submitting a letter of intention and completed withdrawal form to the registrar or designate, and scheduling an exit interview with the dean of students. The letter of intention must be delivered by hand in person, or mailed by certified mail. Students who fail to maintain continuous enrollment without filing for a leave of absence (see Student Manual for details) will be placed on administrative withdrawal. Failure to regularly attend classes may result in a failing grade and may result in withdrawal from the program by default.

Withdrawal status can impact both financial aid eligibility and/or repayment requirements. Additionally, any student in withdrawn status must complete the formal application process to re-enter the academic program and must meet all requirements for admission and graduation that are in place at the time of the reentry.

The financial aid director will be informed immediately of the withdrawal of any student receiving financial aid and he/she may request an exit interview with the student. Refunds shall be made according to the refund policy stated below.

#### **Refund Policy - Withdrawals**

Refunds will be based on the date the above-mentioned withdrawal form is processed in the registrar's office (or 10 days after the last class attended in the event of default withdrawals). A tuition refund will be made based on time elapsed during the term in which the student withdraws from the program. Refunds will not include the initial application fee. If the student is on a payment plan, the student will be held responsible for money owed at the time of withdrawal. Any student who withdraws from AOMA, whether voluntarily or not, must formally reapply for admission.

For students on financial aid: AOMA follows the return to Title IV provisions of the Financial Aid Manual.

#### For all other students:

Withdrawal on the first day of class: 100% refund of charges (less an administrative fee of the lesser of \$100 or 5% of tuition charges).

Withdrawal after the first day of class through the first 10% of the



Student services team

enrollment period for which the student has been charged: 90% refund of charges.

Withdrawal after the first 10%, through the first 25% of the enrollment period for which the student has been charged: 50% refund of charges.

Withdrawal after the first 25%, through the first 50% of the enrollment period for which the student has been charged: 25% refund of charges.

With drawal after the first 50% of the enrollment period: no refund of charges.

There are no refunds on textbooks and other supplies.

#### Refund Policy - Dropped Courses or Clinics

For the refund policy on courses or clinics that are dropped after registration, see the schedule outlined in the Student Manual.

## Financial Aid

#### **Federal Student Loans and Grants**

The Academy of Oriental Medicine at Austin's Master of Acupuncture and Oriental Medicine program is certified by the US Department of Education to participate in the Title IV Student Aid Program. Students may be eligible for subsidized and/or unsubsidized Direct Federal Loans through a federal program where the US government (not a commercial lender) provides education loans to students directly through schools. Contact the financial aid director or the director of admissions for information or go to www.fafsa.ed.gov for a free on-line application.

#### Veterans' Administration Educational Benefits

AOMA's Master of Acupuncture and Oriental Medicine program is approved for educational benefits through the Veteran's Administration under the G.I. Bill. Contact the financial aid director for further information.



**AOMA library** 

#### The President's Award Scholarship

The President's Award is a scholarship of \$500 awarded annually to a second-or third-year student who has demonstrated academic excellence and exceptional promise in the field during his/her first year of school and shows evidence of financial need.

#### **AOMA Alumni Fund**

The Alumni Fund is a \$500 scholarship awarded annually by the Alumni Committee to a second or third-year student who has demonstrated academic excellence and exceptional promise in the field and shows evidence of financial need.

#### **Part-time Work Opportunities**

AOMA often has part-time staff positions available for students who want to work at the school. Interested students are asked to submit a letter of interest and resume to the director of human resources.

**Texas Department of Assistive and Rehabilitative Services (DARS)** AOMA is a vendor for Texas DARS. This status allows DARS clients to receive funding for AOMA's Master of Acupuncture and Oriental Medicine program.

## Student Services

#### **AOMA's Support of Academic Excellence**

The Academy of Oriental Medicine at Austin has high expectations of its students. The Master of Acupuncture and Oriental Medicine program is extensive and comprehensive and prepares graduates for licensure in Texas and many other states. In order to ensure that our students receive the support needed to successfully complete such a program, AOMA provides:

- orientation, community and relocation support (for those new to Austin) to assist new students with adjusting to the demands of school life
- advising to incoming students to assist them with organizing their

- academic schedule, taking into consideration their work schedule and home life
- an active Student Association (with elected officers) that serves as a student voice for campus concerns and issues
- ongoing academic advising to facilitate satisfactory progress toward degree requirements
- a tutoring program for students wishing to receive additional academic assistance
- a Student Assistaance Program providing low-cost counseling services to students and their spouses
- individual advising and referral as needed

#### Library

AOMA maintains one of the richest collections of Oriental medical libraries in the United States. This includes almost 8,000 specialty books, periodicals, professional journals, audio and videotapes, and online periodicals. High-speed internet access is offered on all library computers and wireless internet access is available throughout the campus. The library features a research database from EBSCO which allows AOMA students, faculty and alumni to search over 840 journals and other professional medical publications through the library or personal computers. A second database, HerbMedPro, is an herbal database sponsored by the American Botanical Council that hyperliniks scientific data underlying the use of herbs for health. Another unique component of AOMA's library is its collection of original Chinese language medical research journals and DVDs, and a collection of more than 300 individual Chinese herbs used by students to visually study the Chinese herbal pharmacopia.

The AOMA library has member status with the National Network of Libraries of Medicine (NN/LM); it participates in interlibrary loans through NN/LM's DOCLINE program. The library is also an active member of the Libraries of Colleges of Oriental Medicine (LCOM). Interlibrary loan agreements are in place between AOMA and the libraries of the Chendgu University of Traditional Chinese Medicine and the American Botanical Council. With a public library card, students can also use the undergraduate and graduate libraries at the University of Texas.

#### **AOMA's White Crane Herbal Medicine Center and Bookstore**

The bookstore stocks required textbooks, recommended books and publications, and a full selection of acupuncture supplies. Located within the bookstore, AOMA's White Crane Herbal Medicine Center stocks raw Chinese herbs and prepared herbal formulas. We maintain high quality and ethical standards in our herbal medicine choices and do not stock remedies made from endangered species.

#### **Student Association**

The AOMA Student Association is AOMA's student governing body. Its main purpose is to allow students to exercise their voice in matters pertaining to any aspect of school life, administrative procedures, ethics, professionalism, and behavior.

The Student Association acts as a liaison between the student body and the AOMA administration and faculty and encourages and supports communication among students, faculty, and the administration. Meetings are scheduled each term and additional meetings are held informally as particular issues arise. Student representatives are invited to participate in various ad hoc and review committees.

## Program Information

#### **General Policies and Procedures**

The AOMA Student Manual and the Clinic Manual outline the academic policies and procedures of the Academy of Oriental Medicine at Austin. Students are expected to be familiar with and abide by the policies and procedures contained in the manuals. The AOMA Student and Clinic Manuals are issued before the second week of class to new students and are available in the library and online for review. The most current versions apply to all students.

#### Grading

AOMA courses are offered for a letter grade or are taken on a pass/fail basis. In the pass/fail grading system, a passing grade indicates that the student has achieved at least the minimum requirements and 70% competency of the course material; a failing grade indicates that the student has not met the minimum requirements and has not achieved at least 70% competency of the course material. All work must be submitted to the satisfaction of the instructor in order to pass the course.

AOMA's grading system is as follows:

		% Grade	Grade Pts
A	Excellent	90-100%	4.0
В	Good	80-89%	3.0
C	Acceptable	70-79%	2.0
F	Fail	69 and below	0.0
P	Pass		
W	Withdrawal		
WP	Withdrawal with p	assing grade	
WF	Withdrawal with fa	illing grade	0.0
<b>CBT</b>	Credit by transfer		
<b>CBE</b>	Credit by examinat	tion	
AU	Audit (no credit fo	r course)	

Students must receive a grade of at least 70% to receive credit for a course and to continue to the subsequent course in a series (i.e., Foundations of Chinese Medicine 1 must be passed before a student enrolls in Foundations of Chinese Medicine 2).

Grade reports for all courses in which students are enrolled will be given to each student in a timely manner at the end of the term or summer session. Official transcripts of the student's completed coursework are maintained in the office of the registrar.

#### **Academic Standing**

A student must maintain a grade point average of at least 2.0 in all classes to be considered in good standing and eligible for graduation. Any class in which a grade lower than a C is received must be repeated for credit. A student may not continue to the next level of the course having received lower than a C in the prerequisite. Students may consult the course descriptions section of the AOMA catalog for prerequisite information.

#### **Academic Probation and Suspension**

A student whose grade point average falls below 2.0 in any term will be placed on academic probation for one term. If the student's grades improve over the next term and his/her term grade point average is above 2.0, the probation will be lifted. If the student's

grades do not average above 2.0 over the second consecutive term, he/she will be placed on academic suspension for the following term.

To be considered for readmission, a suspended student must submit a 'Letter of Readmission' request to the provost or his/her representative. This must be done at least one month before the start of the term. The Academic Council will determine whether the student may begin taking courses again. If approved to continue, the student must make a grade point average above 2.0 during the following term and each of the following four terms in which the student is enrolled, or he/she will be dismissed from the program. After a period of one year, a dismissed student may apply for readmission to the program under the terms outlined in the most current catalog. Students receiving educational assistance from sources outside the school (e.g., Texas DARS, Veteran's Administration, etc.) should be aware that the agency sponsoring the assistance will be notified of any change in the students' academic status.

#### **Campus Communications**

The administrative staff disseminates campus communications, such as official announcements, national board examination updates, class schedules, and student services information, on bulletin boards and through CAMS Enterprise, a campus-wide software system with student, alumni and faculty portals, "blackboard" style features, on-line registration and degree audit capabilities, and other functions. Through a secure portal, faculty communicate directly with students in their courses regarding assignments, announcements, handouts and grades.

Students must maintain an email address for official campus communications. There are computers in the library where email accounts may be created and accessed if necessary. Communication with students and alumni is also achieved through AOMA's newsletter and website postings at www.aoma.edu.



Taking a break

Certain state or national developments, new or revised school policies, and issues that are of interest to the entire student body are addressed in memos posted on the official locked bulletin board in the student lounge and on the CAMS portal. Such matters are sometimes discussed in school-wide Town Hall meetings or in a President's Forum. Information regarding these meetings, when scheduled, is posted on the official bulletin board and on the CAMS portal.

#### **Privacy of Records**

In accordance with the Family Educational Rights and Privacy Act (FERPA), AOMA protects the privacy of student records, including grades, financial information and attendance dates. FERPA provides each current and former student with the right to inspect and review the information contained in his/her academic file. A student interested in reviewing his/her file must submit a request in writing to the registrar. A student also has the right to submit written requests for amendments to his/her academic record. AOMA follows Public Law 93-380, Section 438 (The Buckley Amendment) requiring the written consent of the student prior to the release of certain records. AOMA's privacy policy can be found in the AOMA Student Manual.

#### **Fairness Process**

AOMA encourages honest communication among all members of the community. When difficulties arise, the normal, first-line process is to go directly to the individual who is responsible for the concern.

Most situations are resolved at this level. Following that, a student may arrange a meeting with the dean of students. All requests must be submitted in writing. It should provide a comprehensive picture of all facts and circumstances surrounding the concern along with recommendations for resolution. The dean will investigate with appropriate parties and respond within five working days. If this process does not result in a satisfactory resolution, the individual may request a formal hearing through the Provost's Office.

Requests for a formal hearing must be made in writing within five

calendar days of receiving the dean's written resolution statement. A key consideration at this level will be if there is any new evidence, or evidence of discrimination. The purpose of the formal hearing is to review the facts and determine what mediation, if any, should be rendered. After mediation, if the matter remains unresolved, the individual may contact ACAOM or the Texas Higher Education Coordinating Board (THECB). (For addresses, see the inside front cover of this catalog.)

#### **Graduation Requirements**

The Master of Acupuncture and Oriental Medicine program must be completed within eight calendar years from the date of enrollment. The following requirements must be met in order to graduate from the program:

- 2. Satisfactory conduct and professional clinical performance.
- 3. Successful completion of comprehensive and practical exit examinations.
- 4. Fulfillment of all financial obligations, including return of all library materials.

#### **Application for Degree**

Students must submit an "Application for Degree" form before the beginning of the term/summer session in which they expect to complete graduation requirements. Forms are available in the administration office and must be completed and filed no later than six weeks prior to the expected graduation date. The graduation fee must be paid at the time of filing.







Herbal market in Chengdu, China (China Study Tour, 2005)

# Post-graduate Education and Alumni Support

#### **Southwest Symposium**

AOMA's annual Southwest Symposium provides graduates and licensed healthcare professionals with an excellent opportunity to network with practitioners in the field while earning high quality continuing education credits. Presenters and practitioners come from around the world to participate. AOMA Alumni Association members and members of the Texas Association of Acupuncture & Oriental Medicine (TAAOM) may attend at special rates.

#### **China Study Tour**

AOMA has a special relationship with the Chengdu University of TCM. The AOMA China Study Tour is a five to six week experience. Clinical and herbal studies occur in a teaching hospital setting at the Chengdu University of TCM, along with cultural experiences, tours of Beijing, and qigong or taichi practice on Emei Mountain, considered one of China's four most sacred mountains.

#### Mind/Body Training

AOMA considers psychomotor skills to be core competencies of an effective practitioner. The lifestyle development that occurs during the study of taichi and qigong empower the practitioner to provide patient-centered care. In addition, these practices cultivate the skills of lifelong learning through modeling senior experts within the mind/body disciplines of China.

AOMA values life-long learning. AOMA alumni are therefore offered the opportunity to continue their study of qigong or taichi with AOMA faculty. Classes are available year round and special weekend intensives are held periodically.

#### **AOMA Alumni Association**

AOMA acts as a support system for its students throughout their educational experience and beyond, offering many services. Graduates may choose to join the AOMA Alumni Association for additional privileges.

- Graduates. All graduates are entitled to AOMA Library access
  with student privileges for one year after graduation with access
  to the EBSCO online journal service, a directory listing on
  AOMA website, access to alumni portion of aoma.edu website,
  and continued student discounts at White Crane Herbal
  Medicine Centers.
- Friend of AOMA Alumni Association. Graduates who join the AOMA Alumni Association at the "friend" level receive the benefits available to graduates as well as an enhanced directory listing on AOMA website, AOMA Library access with student borrowing privileges and continued access to the EBSCO online journal service, one free program course audit at AOMA, discounts on seminars and informal classes, and voting rights as an AAA member.
- Supporter of AOMA Alumni Association. At the Supporter level, alumni association members receive all benefits of being a graduate and friend of the association, as well as discounts on continuing education courses, including the Southwest Symposium, and two free program course audits at AOMA.
- Case Consultation Services. AOMA graduates may seek mentoring from our senior faculty by participating in roundtable case discussions which are offered periodically.

#### **Community Outreach**

Many of AOMA's faculty members are involved in community outreach through informal classes, television appearances, and magazine articles on Oriental medicine. In this way, the benefits of acupuncture and Oriental medicine are made known to the Austin community, creating a broader patient-base for our graduates who intend to practice locally.

#### **Political Activism**

AOMA's president, executive staff and academic leaders are politically active in the local, state, and national arenas in support of the profession and are dedicated to paving the way toward the increased awareness and legitimization of Oriental medicine in America. AOMA actively encourages and assists our graduates in political involvement at the local, state, and national levels.

# Accelerated Three-Year

This schedule is a sample plan and is subject to change.\*

1.1 FAL	L TERM CF	EDITS	HOURS	2.1 FAL	L TERM (	REDITS	HOURS
AT0101	Foundations of Chinese Medicine 1	3	36	AT0221	Case Management	3	36
AT0111	Point Location & Meridian Theory 1	3	36	AT0211	Acupuncture Treatment of Disease	. 3	36
AT0121	Meridian & Point Energetics 1	3	36	AS01	Acupuncture Special Seminar 2	1	12
AT0131	Acupuncture Techniques 1	3	36	HT0201	Chinese Herbology 2	3	36
WS0101	Anatomy, Physiology & Histology 1	3	36	HL02	Chinese Herbal Studies Lab 2	0.3	8
WS0110	Biomedical Terminology	2	24	WS0201	Biomedical Pharmacology	3	36
MB0101	Taichi 1	1	12	ABT01	Tuina 1	3	36
CT111	Clinical Theater 1	1.5	36	CL1xxI	Acupuncture Clinics (2)	3	72
Total		19.5	252	Total		19.3	272
1 0 11/11	THE TERM		HOLIDA	0.0 11/11		DEDITO	HOUDG
		EDITS	HOURS				HOURS
	Foundations of Chinese Medicine 2	3	36	AT0202	Adv'd Needling Techniques & Theor		36
	Point Location & Meridian Theory 2	3	36	AT0212	Acupuncture Treatment of Disease 2		36
	Meridian & Point Energetics 2	3	36	AS01	Acupuncture Special Seminar 3	1	12
	Acupuncture Techniques 2	3	36	HT0202	Chinese Herbology 3	3	36
	Introduction to Chinese Herbs	3	36	HL03	Chinese Herbal Studies Lab 3	0.4	8
	Anatomy & Physiology 2	3	36		Biomedical Diagnostic Techniques 1		36
	Microbiology and Pathophysiology 1	3	36	ABT02	Tuina 2	3	36
	Taichi 2	1	12	CL1xxI	Acupuncture Clinics (2)	3	72
CL1xxO	Clinical Observation	1.5	36	Total		19.4	272
Total		23.5	300				
1 3 SPR	INC TERM CE	PUITS	HOURS	2 3 SPR	ING TERM	'PEDITS	HOLIBS
		EDITS	HOURS 36			REDITS	HOURS
AT0103	Diagnostic Skills of Chinese Medicine	1 3	36		Advanced Needling Techniques		
AT0103 AT0113	Diagnostic Skills of Chinese Medicine Point Location & Meridian Theory 3	1 3 3	36 36	AT0203	Advanced Needling Techniques &Theory 2	3	36
AT0103 AT0113 AT0123	Diagnostic Skills of Chinese Medicine Point Location & Meridian Theory 3 Meridian & Point Energetics 3	1 3 3 3	36 36 36	AT0203 AT0213	Advanced Needling Techniques &Theory 2 Acupuncture Treatment of Disease 3	3 3	36 36
AT0103 AT0113 AT0123 HT0103	Diagnostic Skills of Chinese Medicine Point Location & Meridian Theory 3 Meridian & Point Energetics 3 Chinese Herbology 1	1 3 3 3 3	36 36 36 36	AT0203 AT0213 AT0233	Advanced Needling Techniques &Theory 2 Acupuncture Treatment of Disease 3 Acupuncture Competencies	3 3 2	36 36 24
AT0103 AT0113 AT0123 HT0103 HL01	Diagnostic Skills of Chinese Medicine Point Location & Meridian Theory 3 Meridian & Point Energetics 3 Chinese Herbology 1 Chinese Herbal Studies Lab 1	1 3 3 3 3 0.3	36 36 36 36 8	AT0203 AT0213 AT0233 HT0203	Advanced Needling Techniques &Theory 2 Acupuncture Treatment of Disease 3 Acupuncture Competencies Chinese Herbal Formulations 1	3 3 2 3	36 36 24 36
AT0103 AT0113 AT0123 HT0103 HL01 WS0103	Diagnostic Skills of Chinese Medicine Point Location & Meridian Theory 3 Meridian & Point Energetics 3 Chinese Herbology 1 Chinese Herbal Studies Lab 1 Anatomy & Physiology 3	1 3 3 3 3 0.3 3	36 36 36 36 8 36	AT0203 AT0213 AT0233 HT0203 WS0120	Advanced Needling Techniques &Theory 2 Acupuncture Treatment of Disease 3 Acupuncture Competencies Chinese Herbal Formulations 1 Public Health & Biomedical Survey	3 3 2 3 1	36 36 24 36 12
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AT0103 AT0113 AT0123 HT0103 HL01 WS0103 WS0133 MB0103	Diagnostic Skills of Chinese Medicine Point Location & Meridian Theory 3 Meridian & Point Energetics 3 Chinese Herbology 1 Chinese Herbal Studies Lab 1 Anatomy & Physiology 3 Pathophysiology 2 Taichi 3	1 3 3 3 0.3 3 3 1	36 36 36 36 8 36 36 36	AT0203  AT0213  AT0233  HT0203  WS0120  WS0213  WS0223  ABT03  CL1xxI	Advanced Needling Techniques &Theory 2 Acupuncture Treatment of Disease 3 Acupuncture Competencies Chinese Herbal Formulations 1 Public Health & Biomedical Survey Biomedical Diagnostic Techniques 2 Herb/Drug Interactions	3 3 2 3 1 1.5 1 3 3	36 36 24 36 12 18 12 36 72
AT0103 AT0113 AT0123 HT0103 HL01 WS0103 WS0133 MB0103 CL1xxO	Diagnostic Skills of Chinese Medicine Point Location & Meridian Theory 3 Meridian & Point Energetics 3 Chinese Herbology 1 Chinese Herbal Studies Lab 1 Anatomy & Physiology 3 Pathophysiology 2 Taichi 3	1 3 3 3 3 0.3 3 3 1 1.5	36 36 36 36 8 36 36 12 36	AT0203 AT0213 AT0233 HT0203 WS0120 WS0213 WS0223 ABT03	Advanced Needling Techniques & Theory 2 Acupuncture Treatment of Disease 3 Acupuncture Competencies Chinese Herbal Formulations 1 Public Health & Biomedical Survey Biomedical Diagnostic Techniques 2 Herb/Drug Interactions Tuina 3	3 3 2 3 1 1.5 1	36 36 24 36 12 18 12 36
AT0103 AT0113 AT0123 HT0103 HL01 WS0103 WS0133 MB0103 CL1xxO Total	Diagnostic Skills of Chinese Medicine Point Location & Meridian Theory 3 Meridian & Point Energetics 3 Chinese Herbology 1 Chinese Herbal Studies Lab 1 Anatomy & Physiology 3 Pathophysiology 2 Taichi 3 Clinical Observation	1 3 3 3 3 0.3 3 3 1 1.5	36 36 36 36 8 36 36 12 36	AT0203 AT0213 AT0233 HT0203 WS0120 WS0213 WS0223 ABT03 CL1xxI Total	Advanced Needling Techniques &Theory 2 Acupuncture Treatment of Disease 3 Acupuncture Competencies Chinese Herbal Formulations 1 Public Health & Biomedical Survey Biomedical Diagnostic Techniques 2 Herb/Drug Interactions Tuina 3 Acupuncture Clinics (2)	3 3 2 3 1 1.5 1 3 3	36 36 24 36 12 18 12 36 72
AT0103 AT0113 AT0123 HT0103 HL01 WS0103 WS0133 MB0103 CL1xxO Total	Diagnostic Skills of Chinese Medicine Point Location & Meridian Theory 3 Meridian & Point Energetics 3 Chinese Herbology 1 Chinese Herbal Studies Lab 1 Anatomy & Physiology 3 Pathophysiology 2 Taichi 3 Clinical Observation	1 3 3 3 3 0.3 3 1 1.5 20.8	36 36 36 36 8 36 36 12 36 272	AT0203 AT0213 AT0233 HT0203 WS0120 WS0213 WS0223 ABT03 CL1xxI Total	Advanced Needling Techniques & Theory 2 Acupuncture Treatment of Disease 3 Acupuncture Competencies Chinese Herbal Formulations 1 Public Health & Biomedical Survey Biomedical Diagnostic Techniques 2 Herb/Drug Interactions Tuina 3 Acupuncture Clinics (2)	3 3 2 3 1 1.5 1 3 2 20.5	36 36 24 36 12 18 12 36 72 282
AT0103 AT0113 AT0123 HT0103 HL01 WS0103 WS0133 MB0103 CL1xxO Total	Diagnostic Skills of Chinese Medicine Point Location & Meridian Theory 3 Meridian & Point Energetics 3 Chinese Herbology 1 Chinese Herbal Studies Lab 1 Anatomy & Physiology 3 Pathophysiology 2 Taichi 3 Clinical Observation  MMER TERM CR Diagnostic Skills of Chinese Medicine	1 3 3 3 3 0.3 3 1 1.5 20.8	36 36 36 36 8 36 36 12 36 272 HOURS	AT0203  AT0213  AT0233  HT0203  WS0120  WS0213  WS0223  ABT03  CL1xxI  Total	Advanced Needling Techniques & Theory 2 Acupuncture Treatment of Disease 3 Acupuncture Competencies Chinese Herbal Formulations 1 Public Health & Biomedical Survey Biomedical Diagnostic Techniques 2 Herb/Drug Interactions Tuina 3 Acupuncture Clinics (2)	3 3 2 3 1 1.5 1 3 20.5	36 36 24 36 12 18 12 36 72 282 HOURS
AT0103 AT0113 AT0123 HT0103 HL01 WS0103 WS0133 MB0103 CL1xxO Total  2.0 SUN AT0200 AS01	Diagnostic Skills of Chinese Medicine Point Location & Meridian Theory 3 Meridian & Point Energetics 3 Chinese Herbology 1 Chinese Herbal Studies Lab 1 Anatomy & Physiology 3 Pathophysiology 2 Taichi 3 Clinical Observation  MMER TERM CE Diagnostic Skills of Chinese Medicine S Acupuncture Special Seminar 1	1 3 3 3 3 0.3 3 1 1.5 20.8 EDITS	36 36 36 36 8 36 36 12 36 272	AT0203 AT0213 AT0233 HT0203 WS0120 WS0213 WS0223 ABT03 CL1xxI Total  3.0 SUM HT0300 PT0200	Advanced Needling Techniques & Theory 2 Acupuncture Treatment of Disease 3 Acupuncture Competencies Chinese Herbal Formulations 1 Public Health & Biomedical Survey Biomedical Diagnostic Techniques 2 Herb/Drug Interactions Tuina 3 Acupuncture Clinics (2)  IMER TERM Chinese Patent Herbal Medicine Practice Management 1	3 3 2 3 1 1.5 1 3 20.5  REEDITS 3	36 36 24 36 12 18 12 36 72 282 HOURS
AT0103 AT0113 AT0123 HT0103 HL01 WS0103 WS0133 MB0103 CL1xxO Total  2.0 SUN AT0200 AS01	Diagnostic Skills of Chinese Medicine Point Location & Meridian Theory 3 Meridian & Point Energetics 3 Chinese Herbology 1 Chinese Herbal Studies Lab 1 Anatomy & Physiology 3 Pathophysiology 2 Taichi 3 Clinical Observation  MMER TERM Diagnostic Skills of Chinese Medicine 3 Acupuncture Special Seminar 1 Nutrition & Dietary Therapy	1 3 3 3 3 0.3 3 1 1.5 20.8	36 36 36 36 8 36 36 12 36 272 HOURS 36 12 36	AT0203 AT0213 AT0233 HT0203 WS0120 WS0213 WS0223 ABT03 CL1xxI Total  3.0 SUM HT0300 PT0200 PT0440	Advanced Needling Techniques & Theory 2 Acupuncture Treatment of Disease 3 Acupuncture Competencies Chinese Herbal Formulations 1 Public Health & Biomedical Survey Biomedical Diagnostic Techniques 2 Herb/Drug Interactions Tuina 3 Acupuncture Clinics (2)  IMER TERM Chinese Patent Herbal Medicine Practice Management 1 Ethical & Legal Issues	3 3 2 3 1 1.5 1 3 20.5  REEDITS 3 1	36 36 24 36 12 18 12 36 72 282 HOURS 36 12 24
AT0103 AT0113 AT0123 HT0103 HL01 WS0103 WS0133 MB0103 CL1xxO Total  2.0 SUN AT0200 AS01 HT0200 PT0210	Diagnostic Skills of Chinese Medicine Point Location & Meridian Theory 3 Meridian & Point Energetics 3 Chinese Herbology 1 Chinese Herbal Studies Lab 1 Anatomy & Physiology 3 Pathophysiology 2 Taichi 3 Clinical Observation  MMER TERM Diagnostic Skills of Chinese Medicine 3 Acupuncture Special Seminar 1 Nutrition & Dietary Therapy Clinical Communication Skills 1	1 3 3 3 3 0.3 3 1 1.5 20.8 EDITS	36 36 36 36 8 36 36 12 36 272 HOURS 36 12 36	AT0203  AT0213  AT0233  HT0203  WS0120  WS0213  WS0223  ABT03  CL1xxI  Total  3.0 SUM  HT0300  PT0200  PT0440  PT0310	Advanced Needling Techniques & Theory 2 Acupuncture Treatment of Disease 3 Acupuncture Competencies Chinese Herbal Formulations 1 Public Health & Biomedical Survey Biomedical Diagnostic Techniques 2 Herb/Drug Interactions Tuina 3 Acupuncture Clinics (2)  IMER TERM Chinese Patent Herbal Medicine Practice Management 1 Ethical & Legal Issues Clinical Communication Skills 2	3 3 2 3 1 1.5 1 3 20.5  REDITS 3 1 2	36 36 24 36 12 18 12 36 72 282 HOURS 36 12 24
AT0103 AT0113 AT0123 HT0103 HL01 WS0103 WS0133 MB0103 CL1xxO Total  2.0 SUN AT0200 AS01 HT0200 PT0210 CT112	Diagnostic Skills of Chinese Medicine Point Location & Meridian Theory 3 Meridian & Point Energetics 3 Chinese Herbology 1 Chinese Herbal Studies Lab 1 Anatomy & Physiology 3 Pathophysiology 2 Taichi 3 Clinical Observation  MER TERM Diagnostic Skills of Chinese Medicine 3 Acupuncture Special Seminar 1 Nutrition & Dietary Therapy Clinical Communication Skills 1 Clinical Theater 2	1 3 3 3 3 0.3 3 3 1 1.5 20.8 EDITS	36 36 36 36 8 36 36 12 36 272 HOURS 36 12 36 12 36	AT0203  AT0213  AT0233  HT0203  WS0120  WS0213  WS0223  ABT03  CL1xxI  Total  3.0 SUM  HT0300  PT0200  PT0440  PT0310  CL1xxI	Advanced Needling Techniques & Theory 2 Acupuncture Treatment of Disease 3 Acupuncture Competencies Chinese Herbal Formulations 1 Public Health & Biomedical Survey Biomedical Diagnostic Techniques 2 Herb/Drug Interactions Tuina 3 Acupuncture Clinics (2)  IMER TERM Chinese Patent Herbal Medicine Practice Management 1 Ethical & Legal Issues Clinical Communication Skills 2 Acupuncture Summer Clinics (2)	3 3 2 3 1 1.5 1 3 20.5  REDITS 3 1 2	36 36 24 36 12 18 12 36 72 282 HOURS 36 12 24
AT0103 AT0113 AT0123 HT0103 HL01 WS0103 WS0133 MB0103 CL1xxO Total  2.0 SUN AT0200 AS01 HT0200 PT0210 CT112 WS0310	Diagnostic Skills of Chinese Medicine Point Location & Meridian Theory 3 Meridian & Point Energetics 3 Chinese Herbology 1 Chinese Herbal Studies Lab 1 Anatomy & Physiology 3 Pathophysiology 2 Taichi 3 Clinical Observation  MER TERM Diagnostic Skills of Chinese Medicine S Acupuncture Special Seminar 1 Nutrition & Dietary Therapy Clinical Communication Skills 1 Clinical Theater 2 Physical Assessment 1	1 3 3 3 3 0.3 3 1 1.5 20.8 EDITS	36 36 36 36 8 36 36 12 36 272 HOURS 36 12 36	AT0203  AT0213  AT0233  HT0203  WS0120  WS0213  WS0223  ABT03  CL1xxI  Total  3.0 SUM  HT0300  PT0200  PT0440  PT0310	Advanced Needling Techniques & Theory 2 Acupuncture Treatment of Disease 3 Acupuncture Competencies Chinese Herbal Formulations 1 Public Health & Biomedical Survey Biomedical Diagnostic Techniques 2 Herb/Drug Interactions Tuina 3 Acupuncture Clinics (2)  IMER TERM Chinese Patent Herbal Medicine Practice Management 1 Ethical & Legal Issues Clinical Communication Skills 2 Acupuncture Summer Clinics (2) Acupuncture Summer Clinics –	3 3 2 3 1 1.5 1 3 20.5  REDITS 3 1 2	36 36 24 36 12 18 12 36 72 282 HOURS 36 12 24 12 48
AT0103 AT0113 AT0123 HT0103 HL01 WS0103 WS0133 MB0103 CL1xxO Total  2.0 SUN AT0200 AS01 HT0200 PT0210 CT112 WS0310	Diagnostic Skills of Chinese Medicine Point Location & Meridian Theory 3 Meridian & Point Energetics 3 Chinese Herbology 1 Chinese Herbal Studies Lab 1 Anatomy & Physiology 3 Pathophysiology 2 Taichi 3 Clinical Observation  MER TERM Diagnostic Skills of Chinese Medicine 3 Acupuncture Special Seminar 1 Nutrition & Dietary Therapy Clinical Communication Skills 1 Clinical Theater 2	1 3 3 3 3 0.3 3 3 1 1.5 20.8 EDITS	36 36 36 36 8 36 36 12 36 272 HOURS 36 12 36 12 36	AT0203  AT0213  AT0233  HT0203  WS0120  WS0213  WS0223  ABT03  CL1xxI  Total  3.0 SUM  HT0300  PT0200  PT0440  PT0310  CL1xxI	Advanced Needling Techniques & Theory 2 Acupuncture Treatment of Disease 3 Acupuncture Competencies Chinese Herbal Formulations 1 Public Health & Biomedical Survey Biomedical Diagnostic Techniques 2 Herb/Drug Interactions Tuina 3 Acupuncture Clinics (2)  IMER TERM Chinese Patent Herbal Medicine Practice Management 1 Ethical & Legal Issues Clinical Communication Skills 2 Acupuncture Summer Clinics (2)	3 3 2 3 1 1.5 1 3 20.5  REDITS 3 1 2	36 36 24 36 12 18 12 36 72 282 HOURS 36 12 24

# and One Term Plan

3.1 FAL	L TERM	CREDITS	HOURS
HT0301	Chinese Herbal Formulations 2	3	36
HT0311	Syndrome-Based Herbs & Formulas	3	36
HS01	Herbal Special Seminar 1	1	12
HT0321	Chinese Herbal Safety	1	12
WS0311	Physical Assessment 2	3	36
MB0301	Qigong 1	1	12
CL1xxI	Acupuncture Clinics (4)	<u>6</u>	144
2nd Year	Practical Exam		
Total		18	288
3.2 WIN	TER TERM	CREDITS	HOURS
HT0302	Chinese Herbal Formulations 3	3	36
HT0332	Chinese Herbal Treatment of Disease	e 1 3	36

3.2 WIN	TER TERM	CREI	OITS	HOURS
HT0302	Chinese Herbal Formulations 3		3	36
HT0332	Chinese Herbal Treatment of Disease	e 1	3	36
WS0302	Research Methodology		3	36
WS0312	Gynecology & Obstetrics		3	36
MB0302	Qigong 2		1	12
CL1xxI	Acupuncture Clinic (1)		1.5	36
CL2xxI	Acupuncture Community Clinic (1	l)	1.5	36
CL1xxH	Herbal Clinic (1)		1.5	36
Total			17.5	264

3.3 SPR	ING TERM	CREDITS	HOURS
HT0303	Herbal Competencies	2	24
HT0333	Chinese Herbal Treatment of Disease	e 2 3	36
HT0343	Chinese Herbal Classics 1	3	36
HS01	Herbal Special Seminar 2	1	12
WS0303	Biomedicine Competencies	1	12
WS0313	Biomedical Treatment of Disease 1	3	36
MB0303	Qigong 3	1	12
CL1xxI	Acupuncture Clinics (2)	3	72
CL1xxH	Herbal Clinic (1)	<u>1.5</u>	36
Total		18.5	276

4.0 SUM	IMER TERM	CREDITS	HOURS
WS0410	Biomedical Treatment of Disease 2	3	36
PT0410	Clinical Communication Skills 3	1	12
PT0420	Practice Management 2	1	12
PT0430	Practice Management 3	1	12
CL1xxI	Acupuncture Summer Clinics (3)	3	72
Compreh	ensive Exit Written & Practical Exa	ıms	
Total		9	144

4.1 FALL TERM		CREDITS	HOURS
HT0431	Chinese Herbal Treatment of Disease	e 3 3	36
HT0441	Chinese Herbal Classics 2	3	36
HS01	Herbal Special Seminar 3	1	12
WS0411	Biomedical Treatment of Disease 3	3	36
CL1xxI	Acupuncture Clinics (3)	4.5	108
CL1180	Advanced Clinical Observation	1.5	36
Total		16	264
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Acupuncture & Techniques	44	528
Chinese Herbal Studies	52	636
Integral Studies	41	492
Biomedical Science	45.5	546
Clinical Training	42	1,008
<b>Grand Total</b>	224.5	3,210

#### SPECIAL NOTES FOR PROGRAM COMPLETION

Credit Hours: Each didactic credit is equivalent to 12 hours of in-class instruction; each clinical credit is equivalent to 24 hours of practical instruction. Certain didactic courses may be taken by directed study provided all the criteria outlined in the Student Manual have been met. No more than nine credits may be earned by directed study.

Clinical Training Requirements: To begin internship, students must meet criteria as detailed in the Clinic Manual. To graduate from the program, students must successfully complete a series of clinical training requirements, beginning with clinical observation (including clinical theater) and continuing through advancing levels of internship as detailed in the Clinic Manual until completion of 1,008 clock hours as generally outlined below. (Note: "x" indicates the section number of the clinic.)

Clinical Observation and Clinical Theater: 150 hrs - CT111, CT112, CL1xxO, plus minimum 6 hours of CL1xxO or CL118O.

Clinical Internship: 720 hrs - CL1xxI, CL2xxI, and CL1xxH as detailed in the Clinic Manual.

Clinical Focus Choice: 138 hrs - Students may focus their clinical studies by choosing additional clinics from any offered in the department of clinical training. Additional clinical internship hours may be earned in the summer session. Students must complete at least 450 patient treatments during the internship, which includes community clinics (CL2xxI) as defined in the Clinic Manual.

\*Note: Many students choose to progress through a four year plan rather than the accelerated plan. 'Tuina' courses are presented on this sample schedule for illustrative purposes. Students may choose either Tuina or Chinese Medical Qigong to satisfy graduation requirements.

## Course Descriptions



## Acupuncture Studies

The acupuncture curriculum is the core of the program. The material offered is well rounded and comprehensive, creating a strong foundation for other didactic instruction and for clinical internship.

#### AT0111 Point Location & Meridian Theory 1

24/12/0/3 Co-reg: WS0101

First of three courses on the distribution and functions of the network of channels and collaterals, categories of special points, body landmarks, point locating methods, and basic needling methods. Includes practice of physical point location. First course covers points on the lung, large intestine, stomach, spleen, and heart channels.

#### Point Location & Meridian Theory 2 AT0112

24/12/0/3 Prereg: AT0111

Co-req: WS0102

Second course in the series covering the points and channels of small intestine, urinary bladder, kidney, pericardium, sanjiao, and gall bladder.

#### Point Location & Meridian Theory 3 AT0113

24/12/0/3 Prereq: AT0111

Co-req: WS0103

Final course in series covering the points and channels of gall bladder (continued), liver, du/governing, ren/conception, and the other extraordinary channels, commonly used extra points and point location comparisons.

#### Meridian & Point Energetics 1 AT0121

36/0/0/3 Prereq: None Co-reg: AT0101

First of three courses introducing fundamental theories and usage of acupuncture therapy, including meridian theory, special energetics, and individual acupuncture point energetics. First course covers the lung, large intestine, and stomach meridians, and the theory and usage of acupuncture points, including the shupoints, five element points, luo-connecting points, yuan source points, and xi-cleft points.

#### AT0122 Meridian & Point Energetics 2

Prereq: AT0121 36/0/0/3

Second course in series covering the spleen, heart, small intestine, kidney, and urinary bladder meridians, and how to select basic acupuncture points in order to therapeutically affect corresponding patterns of disease.

#### Meridian & Point Energetics 3 AT0123

36/0/0/3 Prereq: AT0121

Final course in series covering the urinary bladder (continued), pericardium, sanjiao, gall bladder, liver, ren, and du meridians, and how to select basic acupuncture points in order to therapeutically affect corresponding patterns of disease.

#### AT0131 Acupuncture Techniques 1

24/12/0/3 Co-req:WS0101

First of two introductory practical courses providing basic techniques of needling including the angle, depth, manipulation, and withdrawal of needles, and bu/tonification and xie/sedation. Covers the treatment of acute and chronic conditions, first aid, management of adverse reactions, prevention and treatment of acupuncture accidents, infection control, safety issues, sterilization procedures, CNT, OSHA, and HIPAA protocols.

#### AT0132 Acupuncture Techniques 2

24/12/0/3 Prereq: AT0131 Co-req: WS0102

Second introductory practical course providing basic techniques of needling, moxibustion, cupping, and other special acupuncture techniques, such as cutaneous needling, three-edge needling, electric needling, and guasha.

#### AT0202 Advanced Needling Techniques & Theory 1

24/12/0/3 Prereq: AT0112, AT0113, AT0122, AT0123, AT0132 First of two advanced practical courses providing continuing study of acupuncture techniques and the indication and functions of commonly used acupuncture techniques in clinical application. This course provides in depth study of microsystems scalp acupuncture, auricular acupuncture, Korean hand acupuncture, second metacarpal bone therapy and foot reflexology.

#### AT0203 Advanced Needling Techniques & Theory 2

24/12/0/3 Prereq: AT0202

Second of the advanced practical courses, this provides study of acupuncture techniques, including the ancient acupuncture techniques in the Neijing and Nanjing, comprehensive classical reinforcing, reducing and qi regulating techniques, balance method acupuncture, threading techniques, Dong's extraordinary points (20 points), four needling techniques, wrist and ankle acupuncture and techniques for cautionary points.

#### AT0211 Acupuncture Treatment of Disease 1

36/0/0/3 Prereq: AT0112, AT0113, AT0122, AT0122, AT0122, AT0122, AT0120

AT0123, AT0132, AT0200

First of three courses focusing on the etiology, mechanism, differentiation, and treatment of certain diseases including TCM framework, strategies, and principles of treatment. Attention given to clinical skills in regards to treatment plans, prognosis, contraindications, appropriate referrals, risk factors, modification to standard therapeutic approaches in certain conditions, and seemingly benign presentations that may have a more serious cause. First course covers respiratory, cardiovascular, endocrine, and reproductive systems.

#### AT0212 Acupuncture Treatment of Disease 2

36/0/0/3 Prereq: AT0211

Second course on the treatment of specific diseases covering reproductive (continued), urinary, nervous, and alimentary systems, as well as liver and gall bladder disorders and case study discussions.

#### AT0213 Acupuncture Treatment of Disease 3

36/0/0/3 Prereq: AT0211

Final course on the treatment of specific diseases covering immune and musculo-skeletal systems, as well as psycho-social disorders, skin, hair, and nail problems, and miscellaneous illnesses. Includes certain advanced techniques, case analyses, and written studies.

#### **AT0233** Acupuncture Competencies

24/0/0/2 Prereq: AT0202, AT0212

Co-req: AT0203, AT0213, clinical internship and meeting NCCAOM acupuncture exam application qualifications

Comprehensive course covering the review and integration of the foundations of Chinese medicine, Chinese medicine diagnostic methods, practical point location, CNT acupuncture treatment of disease, and other acupuncture-related courses. Attention will be paid to improving students' analytical and clinical problem solving abilities through the use of clinical case discussions. Must successfully complete prior to sitting for the NCCAOM acupuncture exam.

#### AS01 Acupuncture Special Seminars 1, 2 & 3

12/0/0/1 Prereq: AT0112, AT0113, AT0122, AT0123, AT0132 This series of three acupuncture seminars covers specialized topics which expand upon the core program curriculum. Topics to choose from may include sports acupuncture, Japanese-style acupuncture, advanced auricular acupuncture, acupuncture anesthesia, acupuncture for addictions, cosmetic acupuncture, Korean hand acupuncture, acupuncture for pain management, and others. New topics are added periodically.

## Herbal Studies

Designed by highly educated Chinese herbologists with many years of clinical experience, our herbal curriculum exceeds the California and national requirements. Classical texts provide the foundation of the material. As it is our philosophy that herbal training is enhanced by the use of herbs in their raw form, we stock hundreds of individual raw herbs in addition to many Chinese patents and prepared powder formulas. First year students are introduced to basic herbal knowledge and prepared (patent) herbal medicines. In the second year students study individual herbs and their functions in depth along with their physical properties during class and in the hands-on herbal lab. In the third year of study, once a thorough understanding of Chinese medical theory is established, students begin to prepare and prescribe herbal formulations made from raw herbs. Students learn to adjust and modify classical formulas to suit the condition of individual patients.

#### **HT0102** Introduction to Chinese Herbs

36/0/0/3 Prereq: AT0101 Co-req: AT0102

Introductory level course providing an overview of the fundamental theories of herbal therapy, including properties of herbs, preparation of decoctions, basic Pinyin spelling and meaning of herbal names, categories of single herbs and select Chinese patent medicines.

#### HT0103 Chinese Herbology 1

36/0/0/3 Prereq: HT0102

Co-req: HL01

An in-depth study of the *Chinese Materia Medica* which is composed of three courses. Emphasis on properties, channels entered, actions, indications and contraindications, dosages, and major combinations of plant, animal and mineral substances, as well as preparation and herbal safety. This first course of the series covers theories of siqi, wuwei, guijin, and paozhi, along with substances that release to the exterior, clear heat, downward drain, and drain dampness.

#### HT0200 Nutrition & Dietary Therapy

36/0/0/3 Prereq: AT0103

Introduction to theoretical principles and practical application of traditional Chinese dietetics. Topics include the history of nutrition, the five elements, the flavors of foods, the directional movements of foods, the energetic profiles of foods, and treatment of TCM disease patterns with dietary therapy.

#### HT0201 Chinese Herbology 2

36/0/0/3 Prereq: HT0103 Co-req: HL02

Continuation of the in-depth study of *Chinese Materia Medica* substances, including those that expel wind-dampness, resolve phlegm, aromatics that transform dampness, relieve food stagnation, regulate qi, regulate blood, and warm the interior.

#### HT0202 Chinese Herbology 3

36/0/0/3 Prereq: HT0103 Co-req: HL03

Final course on the in-depth study of *Chinese Materia Medica* substances, including those that tonify, stabilize, and bind, calm spirit, subdue liver yang, extinguish liver wind, open orifices, expel parasites and external applications.

## HT0203 Chinese Herbal Formulations 1

36/0/0/3 Prereq: HT0201, HT0202

First of a three-course series of the Chinese herbal formulas including compositions, functions, and indications of commonly used formulas. Knowledge of diagnostics and *Chinese Materia Medica* is important to the study of this course. First course in an in-depth study of formulas that release the exterior, drain down, harmonize and clear heat.

#### HT0300 Chinese Patent Herbal Medicine

36/0/0/3 Prereq: HT0201 or HT0202

Study of Chinese patent herbal products and their relationship to traditional herbal formulas, with focus on functions of ingredients, indications, contraindications, dosage, and special considerations of commonly used patents. Includes comparison of popular brands of patents, effectiveness in clinical treatment, storage and duration, format of delivery, safety, quality control and herb/drug interactions.

#### HT0301 Chinese Herbal Formulations 2

36/0/0/3 Prereg: HT0203

Continuation of an in-depth study of Chinese herbal formulas, including those that treat summer heat, warm the interior, treat both the interior and exterior, tonify the deficiency, calm down the shen, astringe, regulate qi, and regulate blood.

#### HT0302 Chinese Herbal Formulations 3

36/0/0/3 Prereg: HT0203

Final course on the in-depth study of Chinese herbal formulas, including those that regulate blood (continued), release wind, treat dryness, clear damp, treat phlegm, reduce food stagnation, treat parasites, and treat sores and carbuncles.

#### HT0311 Syndrome-based Herbs & Formulas

36/0/0/3 Prereq: AT0212, AT0213, HT0203

Advanced herbal application of differentiation methods: eight treatment principles, zangfu organs, six stages and four levels, and their representative herbal formulas. Focus is on clinical herbal application of common syndromes.

#### HT0303 Herbal Competencies

24/0/0/2 Prereq: HT0300, HT0301, HT0302, HT0311,

HT0321, HT0332

Co-req: HT0333, HT0343

plus meeting NCCAOM herbal exam application qualifications Comprehensive course covering the review and integration of the foundations of Chinese medicine, Chinese medicine diagnostic methods, Chinese herbology, Chinese herbal formulations, herbal safety, herbal treatment of disease, and Chinese herbal classics. Attention will be paid to improving students' analytical and clinical problem solving abilities through the use of clinical case discussions. Must successfully complete prior to sitting for the

HT0321 Chinese Herbal Safety 12/0/0/1 Prereq: HT0201 or HT0202

NCCAOM herbal exam.

Safe application of *Chinese Materia Medica* substances and herbal patent medicines, including safe dosages, combinations of toxic and specialty herbs, safety issues on integrating Chinese and modern medicines,

contraindications and herbal management for pregnant women and patients with various illnesses, and public safety.

#### HT0332 Chinese Herbal Treatment of Disease 1

36/0/0/3 Prereg: HT0301 or HT0302, HT0311

First of a three-course series of the Chinese herbal treatment of diseases under the theory of zangfu organs and the theory of qi, blood, and body fluids of TCM as applied to patients with a biomedical diagnosis. Includes basic disorder patterns of individual zangfu systems and their corresponding treatment strategies, with herbal treatment of diseases of the lung system, heart and cerebral system, and spleen and stomach system.



Preparing an herbal formula

#### HT0333 Chinese Herbal Treatment of Disease 2

36/0/0/3 Prereq: HT0332

Second course on the Chinese herbal treatment of diseases, including diseases of the liver and gallbladder system, kidney and bladder system, qi, blood, and body fluids system, and musculoskeletal and neurological systems.

#### HT0343 Chinese Herbal Classics 1

36/0/0/3 Prereq:HT0301, HT0302

Study of the Chinese herbal classics for advanced students composed of two courses. Fundamental theories and formulas recorded in these books will be analyzed and discussed, with indications and applications to difficult cases and review of clinical experiences. First course covers the Neijing (Yellow Emperor's Internal Classics) and the theory of syndrome differentiation according to the Six Channel Stages of the Shang Han Lun (Treatise on Cold Induced Diseases by Zhang Zhongjing). Attention is given to differences between various related formulas and their modifications according to the patient's changing condition.

#### HT0431 Chinese Herbal Treatment of Disease 3

36/0/0/3 Prereg: HT0332

Third course on the Chinese herbal treatment of diseases, including herbal treatment under the guidance of the theory of zangfu organs and the theory of qi, blood, and body fluids of TCM for diseases of gynecology, pediatrics, and dermatology.

#### HT0441 Chinese Herbal Classics 2

36/0/0/3 Prereq: HT0343

Second course on Chinese herbal classics covers *Jin Gui Yao Lue* (*Golden Chamber*) by Zhang Zhongjing, syndrome differentiation according to the four levels theory recorded in *Wen Yue Lun* (*Treatise on Warm Disease*) by Ye Tianshi and syndrome differentiation according to the sanjiao theory recorded in *Wen Bing Tiao Bian* (*Differentiation on Febrile Diseases*) by Wu Jutong.

#### **HL01** Chinese Herbal Studies Lab 1

0/8/0/.3 Co-reg: HT0103

Practical hands-on series taken concurrent with the Chinese Herbology series for recognition of a variety of raw herbs, familiarity of categories and their functions, and an understanding of the four flavors and five tastes of Chinese substances. Introduction of basic herbal safety and herb/drug interaction theories. First lab is practical study of substances that release to the exterior, clear heat, downward drain, and drain dampness.

#### HL02 Chinese Herbal Studies Lab 2

0/8/0/.3 Co-reg: HT0201

Practical study of *Chinese Materia Medica* substances that expel wind-dampness, resolve phlegm, and aromatics that transform dampness, relieve food stagnation, regulate qi, regulate blood, and warm the interior.

#### HL03 Chinese Herbal Studies Lab 3

0/8/0/.4 Co-reg: HT0202

Practical study of *Chinese Materia Medica* substances that tonify, stabilize, and bind, calm spirit, subdue liver yang, extinguish liver wind, open orifices, expel parasites, and external applications.

#### HS01 Herbal Special Seminar 1, 2 & 3

12/0/0/1 Prereg: HT0201, HT0202

Co-req: HT0203

This series of three herbal seminars covers specialized topics which expand upon the core program curriculum. Topics to choose from may include Chinese herbs for cancer, Chinese herbal medicine for stress, depression and other mental disorders, Chinese herbs for warm diseases, herbal treatment for dermatitis, Chinese herbs for menopause and menstrual disorders, herbal medicine for longevity, and Chinese patent medicine for pediatrics. New topics are added regularly.

## Integral Studies

The Integral Studies at AOMA connects inter-departmentally by educating learners in the core values and behaviors of professional practice in Oriental medicine, the foundation and diagnostics of Oriental medicine, the integration of Oriental medicine and western medicine, the systems of health care in the US, as well as the knowledge, skills and attitudes necessary to be successful in clinical practice.

#### CHINESE MEDICINE FUNDAMENTALS

Oriental medicine emerged from the theory and practices of traditional Chinese medicine. The foundations and diagnostic skills of traditional Chinese medicine are the fundamental cornerstone of Chinese medical science. This theoretical system forms the basis for clinical practice.

#### AT0101 Foundations of Chinese Medicine 1

36/0/0/3 Prereg: None

An introductory level course providing in-depth study of the philosophy and theories fundamental to traditional Chinese medicine (TCM), including the essential principles of yin and yang, Dao, five elements, and zangfu organ systems. Chinese medical history as it relates to the various traditions in acupuncture and Oriental medicine will be covered, as well as historical and professional trends in acupuncture and Oriental medicine.

#### AT0102 Foundations of Chinese Medicine 2

36/0/0/3 Prereg: AT0101

Continuation of AT0101. Emphasis is on the production and function of body substances (energy, blood, body fluid, essence, spirit) and the related internal organ systems, as well as etiology and pathology, sources of pathogens and mechanisms of illness, with an introduction to the channels system.

#### AT0103 Diagnostic Skills of Chinese Medicine 1

24/12/0/3 Prereg: AT0102

First of two courses providing in-depth study and practical application of the four diagnoses with an emphasis on tongue and pulse evaluation, diagnosis and basic pattern differentiation.

#### AT0200 Diagnostic Skills of Chinese Medicine 2

24/12/0/3 Prereq: AT0103

Second course emphasizing full differential diagnosis of syndromes, including zangfu, eight principles, six stages, four levels, san jiao and microsystems, with focus on case studies.



Case review in the courtyard

## CASE MANAGEMENT, PRACTICE MANAGEMENT, RESEARCH, COMMUNICATIONS & ETHICS

AOMA emphasizes the importance of practical business training to prepare graduates for the successful management of their own private practice. Case management focuses on skills required to provide systems-based healthcare in America. Research methodology applies modern principles to critique and evaluate research literature in order to assess a study and its results. Three levels of business management courses taught by instructors experienced in clinical management and/or business administration are offered. Additionally, communication skills are taught to develop students' ability to connect with their patients and other healthcare providers. Students will have the opportunity to visit the clinics of local acupuncturists practicing in a variety of different styles and settings. Students are also introduced to the various ethical and legal issues that may arise in the practitioner/client relationship.

#### AT0221 Case Management

24/12/0/3 Prereq: AT0112, AT0113, AT0122, AT0123, AT0132, AT0200

A course that prepares students to manage patient care, covering primary, secondary, and specialty care responsibilities; treatment planning, prognosis, and planning for future medical care; follow-up and functional outcome measurements; referral and collaboration with other healthcare professionals; case management for injured workers and socialized medicine patients; coding procedures; medical-legal report writing, expert medical testimony; and emergency procedures.

#### WS0302 Research Methodology

36/0/0/3 Prereg: WS0201, WS0311, AT0213

Course including research terminology, literature research methods, experimental design, sampling, and biases inherent in research, as well as instruction on the process of generating hypotheses, conducting a literature review, and the mechanics of grant writing, funding, and implementation of research projects. Focus will be on applying modern research principles to critique and evaluate complementary and alternative medicine (CAM) literature and how to apply a systematic review of evidence-based literature to improve CAM treatments. Communication with other healthcare providers regarding research and design methods will also be covered.

## PT0200 Practice Management 1

12/0/0/1 Prereq: None A three-course series on office and clinic management and all aspects of acupuncture clinic

operations. The first is an introductory course including basic book-keeping, accounts receivable and payable, phone skills, patient records, filing systems, and insurance billing.

#### PT0420 Practice Management 2

12/0/0/1 Prereq: PT0200

The second course is offered to third-year students, covering the preparation of business plans, strategic planning and financing, marketing, public relations, taxes, and basic accounting principles.

#### PT0430 Practice Management 3

12/0/0/1 Prereg: PT0420

The final course of this series is a continuation of PT0420. Includes guest lectures by local acupuncturists.

#### PT0210 Clinical Communication Skills 1

12/0/0/1 Prereg: None

A three-course series on understanding the psychodynamics of the practitioner/patient relationship, including managing psychological reactions that may arise and making appropriate referrals.

#### PT0310 Clinical Communication Skills 2

9/3/0/1 Prereq: PT0210

Second in the series on communications skills, including listening, advising, explaining, and teaching.

#### PT0410 Clinical Communication Skills 3

9/3/0/1 Prereq: PT0310, AC0203 (completion of 250 treatment hours)

Final in the series on developing advanced communications skills and improving clinical outcomes with patients using innovative, body-centered awareness and attunement in clinical practice.

#### PT0440 Ethics & Legal Issues

24/0/0/2 Prereq: AT0103

Discussion of legal and ethical issues typically encountered in an acupuncture and Oriental medical practice. Topics include informed consent, scope of practice, record keeping, legal requirements, release of data, ethical and legal aspects of referring patients to another practitioner, professional conduct, and appropriate interpersonal behavior. Also includes patient expectations, general liability insurance, professional liability insurance, risk management, quality assurance and privacy issues.

#### ASIAN BODYWORK THERAPY

AOMA believes that touch is an integral part of healing and has incorporated a strong Asian bodywork therapy component into the program. The Asian bodywork therapy curriculum is based in the philosophy and application of Oriental medicine and the harmonization of qi/ki energy. Meridian systems are studied, which explain the interrelationships of the various internal organs with the muscular, skeletal, nervous, circulatory, endocrine, and lymphatic systems. Physical, emotional, and lifestyle components are assessed in the diagnostic and treatment process. Students have two forms of Asian bodywork therapy from which to choose: tuina and Chinese medical qigong. Three progressive levels of one form are required for graduation.

#### Tuina, the Ancient Healing Bodywork of China

Tuina originates in China. It is a traditional meridian and acupoint bodywork therapy over 2,000 years old. It involves a variety of techniques including rolling, tapping and pressure for treating a broad range of disorders. Tuina is used in orthopedic, stroke and other forms of rehabilitation in China's hospitals and has a wide range of applications in pediatrics. Students may choose to take either ABT03 Tuina 3 or ABT03A Chinese Pediatric Tuina to fulfill the Asian bodywork requirement for graduation.

#### **ABT01** Tuina 1 18/18/0/3 Prereq: None Co-req: AT0101

This course provides a working knowledge of basic tuina techniques and tuina exercises, yijinjing (sinew exercise), to strengthen the body's constitution. The course is designed to strengthen the connection between tuina and other methods and techniques of Oriental medicine.

#### ABT02 Tuina 2

18/18/0/3 Prereg: ABT01

This course continues the practice of tuina techniques and the general body routine of tuina. It focuses on the etiology, pathology, and symptomology of disorders of the neck and upper limbs, as well as the integration of tuina with both Oriental and biomedical evaluation and treatment methods of common disorders.

#### ABT03 Tuina 3

18/18/0/3 Prereq: ABT 02

This course continues the practice of specific tuina techniques as well as general body routine tuina. It focuses on the etiology, pathology, and symptomology of disorders of the back and lower limbs. Further, it addresses the integration of tuina with both Oriental and biomedical evaluation and treatment methods of common disrders.

#### ABT03A Chinese Pediatric Tuina

18/18/0/3 Prereq: None

This course is designed to provide students with basic methods used in pediatric tuina, frequently used pediatric points, and pediatric tuina for common infantile diseases. Commonly used techniques, special classic techniques, and basic pediatric points will be introduced, demonstrated, and practiced in class.

#### **Chinese Medical Qigong**

Chinese medical qigong is one of the oldest branches of Chinese medicine, predating acupuncture by thousands of years. It is a therapeutic method for improving health and well-being, regaining and maintaining mind/body balance, preserving health, and enhancing longevity through the training of the mind, the breath and the physiological processes of the body. Qi refers to the energy that animates life, while gong means skills acquired through practice.

#### ABQ01 Chinese Medical Qigong 1

18/18/0/3 Prereq: None Co-req: AT0101

The three courses of this series present a comprehensive study of Chinese medical qigong and include the philosophy of qigong as well as exercises and movements which focus on cultivating internal energy. A series of traditional and modern qigong exercises is taught throughout these courses, including meditation (static qigong) and daoyin (dynamic qigong), for the purpose of training and refining inner energy. Focus of this first course is on the mechanisms of qigong and the relationship between the three treasures of the human being, essence, energy, and spirit, as well as commonly used points and qigong safety theory and methods. Attention will be paid to the areas of combining Chinese medical qigong with zangfu, yin/yang, and meridian theories to improve students' understanding of Oriental medicine and to integrate qigong methods with Oriental medicine therapies.

#### ABQ02 Chinese Medical Qigong 2

18/18/0/3 Prereq: ABQ01

This course covers the sensation of qi, a foundation of internal qi, and guidance of qi throughout the body. Additionally, the origin and distribution of the twelve regular meridians and location of major acupressure points will be studied. The course focus is on the proper recommendation of exercises for improving well-being and relieving symptoms of chronic disorders, particularly tendinomuscular problems. Also, the selection of different qigong exercises according to body constitutions and various syndromes will be presented.

#### ABQ03 Chinese Medical Qigong 3

18/18/0/3 Prereq: ABQ02

The third course of the Chinese medical qigong series focuses on the directing and renewing of qi. This is achieved by exploring the major principles that govern the universal and environmental energetic structures, as well as their influence on the human body, mind, spirit, and emotions. A series of qigong exercises and techniques, tongue inspection and pulse evaluation, touching and nontouching techniques, color and temperature observation, and healing sounds are practiced for a better understanding of this specialized system.



AOMA offers taichi and qigong instruction throughout the year. The program gives our students the opportunity to train with faculty who are internationally recognized

> and provides a variety of teaching styles from which to choose. We believe that the internal development of qi facilitates focus and concentration and therefore enhances the students' educational experience. Additionally, students learn corrective and therapeutic exercises not only for selfcare, but as an additive to the treatment plans of their patients. Students are encouraged to study in depth the art of their choice and to continue to practice through their academic and professional careers as a means of balancing mind, body and spirit while

teaching their patients these skills. Three progressive levels of each art (taichi and qigong) are required for graduation.

#### MB0101 Taichi 1

0/12/0/1 Prereq: None

This is the first of three courses providing a basic understanding of and practical experience in a taichi form and the philosophical principles of circular movements. This first course covers the first section of a taichi form and assists students with achieving greater flexibility and concentration, along with an ability to sense the flow of energy. Students will explore the benefits of taichi and its application to healthcare and disease prevention, as well as its indications for the respiratory, cardiovascular, digestive, metabolism, motor, tendinomuscular, nerve, and immunity systems. Attention is paid to integrate taichi with acupuncture and Oriental medicine for healthcare, balance of body, and disease prevention with the purpose of deepening students' knowledge of Oriental medicine and taichi.

#### MB0102 Taichi 2

0/12/0/1 Prereq: MB 0101

This course covers the second section of a taichi form with a deeper study of the philosophical principles and review of the first section.

#### MB0103 Taichi 3

0/12/0/1 Prereq: MB 0102

This is the third course of the taichi series covering the third section of a taichi form. Special consideration will be given to the relationship between taichi exercise, healthcare, and disease prevention. Through the advanced study of a taichi form, students will strengthen their understanding of the harmonized relationship between the external and internal environments, between the functions of internal organs and body substances, and between the physical body and the spirit. Attention is paid to integrate taichi with acupuncture and Oriental medicine for balance and disease prevention.

#### MB0301 Qigong 1

0/12/0/1 Prereq: None

This three-course series focuses on basic qigong exercises that generate and increase the cultivation of qi to develop strength, grace, concentration, flexibility, balance, and an abundance of genuine energy. Study includes qigong practice guidelines and safety precautions. Students will explore the therapeutic application of qigong for the management and prevention of diseases of the internal organs and muscular-skeletal systems. Students will explore channel distribution, point energetics, and internal organ functions to integrate qigong exercise with the theory and practice of acupuncture and Oriental medicine.

#### MB0302 Qigong 2

0/12/0/1 Prereq: MB 0301

This is the second course of the qigong series, focusing on sensing the flow of energy and balancing the body with the mind. These qigong exercises strengthen awareness of acupuncture meridians and point locations along with their organ connections, regulate various systems of the human body, and enrich mind/body therapy. Students will gain a comprehensive understanding of the philosophy of qi through integrating Oriental medicine and daily practice of qigong, recognizing that qi theory is the kernel of acupuncture and Oriental medicine.

#### MB0303 Qigong 3

0/12/0/1 Prereq: MB 0302

The third course of the series focuses on more qigong exercises that cultivate inner energy, balance the body with the mind, and improve flexibility and psychosomatic relaxation. These qigong exercises guide students to understanding the mechanisms of lifestyle-related and psychosomatic diseases as students explore the prevention and management of modern diseases through the practice of qigong, acupuncture, and Oriental medicine. Through the qigong series, students should be developing their experiential practice – to begin to sense qi, its movement and its cultivation.

## Biomedical Sciences

AOMA's biomedical sciences curriculum is clinically based and provides students with a practical foundation of the concepts and diagnostic techniques of biomedicine, enabling them to interface successfully with allopathic practitioners. It is intended to provide students with information applicable to their Oriental medical practice upon becoming licensed practitioners and to enhance their ability to communicate with patients and other practitioners regarding biomedical diagnoses and treatment plans.

#### WS0101 Anatomy, Physiology and Histology 1

36/0/0/3 Prereq: None

Three-course series providing foundation in gross anatomy, physiology, and histology. First course covers terminology, anatomical orientation, tissue types and composition, integumentary system, skeletal and muscular systems, and structure and functions of joints, head and neck, with special emphasis on surface anatomy.

#### WS0102 Anatomy & Physiology 2

36/0/0/3 Prereg: WS0101

Second course in series covers the anatomy and functions of upper and lower limb girdles, with emphasis on shoulder, elbow, wrist,

hip, knee and ankle joints, the structure and functional anatomy of the nervous system, concept of neural synapse, synaptic transmission, neural plexuses, autonomic nervous system, as well as the respiratory tract anatomy, function, and mechanics of respiration.

#### WS0103 Anatomy & Physiology 3

36/0/0/3 Prereq: WS0102

Third course in series covers the anatomy and functions of cardiovascular, lymphatic, hematopoietic, gastrointestinal, urinary, reproductive and endocrinal systems.

#### WS0110 Biomedical Terminology

24/0/0/2 Prereq: None

Introduction to basic medical terminology used in the clinical practice of medicine.

#### WS0120 Public Health & Biomedical Survey

12/0/0/1 Prereq: WS0310

Overview of the current and historical health of the general population of the US, the role of government in healthcare, past and present health challenges facing communities, and role of healthcare providers.

#### WS0132 Microbiology and Pathophysiology 1

36/0/0/3 Prereq: WS0101, WS0110

The first of a two-course series focusing on the fundamentals of disease process, stress, role of genetics and different age groups and cellular coping mechanisms in health and disease. This first course provides an overview of human pathogenesis and agents of disease with emphasis on the role of the immune system, nature of immune deficient states and the body's response in terms of inflammation and healing, and examines cancer, nutritional issues, chronic fatigue syndrome and pathologies of the musculoskeletal and integumentary systems.

#### WS0133 Pathophysiology 2

36/0/0/3 Prereq: WS0132

Second of the two-course series on pathophysiology with emphasis on diseases affecting the internal organ systems, with diseases common in the U.S. affecting the hematologic, cardiovascular, respiratory, renal, gastrointestinal, hepatobiliary-pancreatic, reproductive, neurologic and endocrine systems.

#### WS0201 Biomedical Pharmacology

36/0/0/3 Prereq: WS0310

Study of major drug classes of biomedical pharmaceutical products, drug metabolism in the body, modes of action, indications, contraindications, drug-drug interactions, potential herb and nutritional supplement interactions, as well as commonly prescribed drugs and their proprietary brand and generic names.

#### WS0212 Biomedical Diagnostic Techniques 1

36/0/0/3 Prereq: WS0310

Two-course series on the principles of biomedical diagnostic methods, investigative tools, and laboratory technology to give insight into the basis of ordering and interpreting diagnostic tests.

#### WS0213 Biomedical Diagnostic Techniques 2

18/0/0/1.5 Prereq: WS0212

Continuation of WS0212, including laboratory analysis of blood,

pregnancy related tests and principles, and interpretations of ultrasonography, mammography, MRI, CT scanning, invasive and non-invasive radiography, endoscopy, and ECGs.

#### WS0303 Biomedicine Competencies

12/0/0/1 Prereq: WS0312 or WS0313 or WS0410

Co-req: WS0312 or WS0313 or WS0410 plus meeting NCCAOM biomedicine exam application qualifications

Course covering the review and integration of basic biomedical sciences and bridging the basic courses with clinical science and clinical medicine. It provides students with information applicable to their Oriental medicine practice and enhances their ability to communicate with patients and other healthcare providers regarding biomedical diagnoses and treatment plans. Attention will be paid to improving students' analytical and clinical problem solving abilities through the use of clinical case discussions. Must successfully complete prior to sitting for the NCCAOM biomedicine exam.

#### WS0223 Herb/Drug Interactions

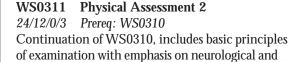
12/0/0/1 Prereg: WS0201, HT0201, HT0202

Overview of known interactions between biomedical pharmaceuticals and herbal therapies, with up-to-date information on the consequences and/or benefits of specific drug and herb combinations, herb and nutritional supplement interactions, accessing this information, and the role of practitioners in educating patients and promoting public health safety. Course will also cover inherent herbal safety separate from drug interaction, regulatory issues and FDA restrictions.

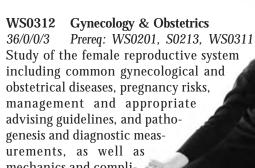
#### WS0310 Physical Assessment 1

24/12/0/3 Prereq: WS0103, WS0133

This two-course hands-on style series introduces the practical principles of basic health assessment for critical recognition of signs and symptoms. Includes interview skills, role-playing, data collection, charting, systemic reviews, specific history evaluations, and techniques in taking vital signs, auscultation, blood pressure reading, and palpation.



musculo-skeletal assessment.



mechanics and complications of labor and delivery, psychology of childbirth, and related

issues.





#### WS0313 Biomedical Treatment of Disease 1

36/0/0/3 Prereg: WS0201, WS0213, WS0311

The first course in a three-course series dealing with characteristic features of disease as seen from the biomedical model, with the fundamental approach to health and disease management and diagnosis and treatment plans of selected diseases. First course includes cancer, head and neck disorders, respiratory, infective and harmful physical agents, nutritive, diabetic and dermatological disorders, and complementary and alternative medical concepts.

#### WS0410 Biomedical Treatment of Disease 2

36/0/0/3 Prereq: WS0201, WS0213, WS0311

Second course in series covers cardiovascular, hypertensive, hematological, gastro-intestinal, and hepato-biliary-pancreatic.

#### WS0411 Biomedical Treatment of Disease 3

36/0/0/3 Prereq: WS0312, WS313, WS410

Final course in this series covers diseases emphasis on fluid and electrolyte disorders, renal-urological, endocrinal, musculo-skeletal, psychiatric and neurological disorders.

## Clinical Training

AOMA's award-winning clinical education provides our students with hands on experience and is a means of service to the greater Austin community. This is where students begin to integrate classroom theory with the practice of healing. Clinical observation may begin as early as the first term of study. By assisting and observing in our supervised student clinic, students have the opportunity to apply information learned.

Clinical theater is an important part of the observation experience. The student observer is exposed to all aspects of the practice of Oriental medicine, from pulse and tongue diagnosis to acupuncture treatment and the prescription of herbal formulas. After completing clinical observation, certain core classes and a comprehensive exam, student interns begin to treat patients under the direct supervision of qualified acupuncturists.

Clinical competence is evaluated each term. Practical comprehensive exams provide additional measures of the students' mastery of clinical skills.

#### CT111 Clinical Theater 1

0/0/36/1.5 Co-req: AT0101

Students are exposed to the diagnostic methods of TCM and to the techniques and application of acupuncture and herbology by observing professional treatments performed by a member of the AOMA faculty. Includes dialogue on how to conduct a patient interview and administer a complete acupuncture treatment, with emphasis on patient communication and ethics.

#### CT112 Clinical Theater 2

0/0/36/1.5 Prereq: AT0103, AT0112 or AT0113, AT0122 or AT0123, AT0132, CT111, WS0310

Coreq: AT0200

This course provides a clinic-like environment and atmosphere with intensive hands-on training on the procedures of clinical treatment,

including communication skills, ten questions, diagnosis, treatment strategies and performance and charting. Clinical Theater 2 must be taken the term before entry into internship.

#### **CL1xxO Clinical Observation**

0/0/36/1.5 per observation session

Co-req: AT0101

As observers in the AOMA student clinic, students will learn basic observation skills and develop notebooks recording their observations of the case presentations and treatment protocols. A minimum of two Clinical Observation sessions totaling 72 hours is required before entry into internship.

#### CL1xxI Acupuncture Clinic

0/0/36/1.5 per clinic session

Prereq: See Clinic Manual

As a supervised intern, the student performs the intake, diagnosis and treatment, consulting with his/her supervisor on the case. The supervisor monitors the intern and provides guidance and evaluation in his/her diagnosis, treatment plan, point location, acupuncture techniques, and herbal formulation. With accumulated clinical training hours, additional emphasis is placed on professional conduct and appropriate interpersonal behavior, understanding the scope of practice, maintaining confidentiality, developing communications skills, managing psychological reactions that may arise, making appropriate referrals, as well as maintaining charting, record keeping, legal requirements, release of data, and other clinic related issues.

#### **CL2xxI** Acupuncture Community Clinic

0/0/36/1.5 per clinic session

Prereq: See Clinic Manual

Student interns perform treatments in a designated community clinic, under the supervision of licensed AOMA clinical supervisors. See Clinic Manual for details.

#### **CL118O** Advanced Clinical Observation

0/0/36/1.5 Co-req: CL1xxI

Prereq: See Clinic Manual

Focused on deepening and widening the students' knowledge and experience, the Advanced Clinical Observation is offered to students who have achieved an advanced internship level (over 600 clinical hours). Student interns will learn different styles of acupuncture and herbal treatment from qualified veteran licensed practitioners. Different acupuncture skills and techniques and herbal modification experiences will be shared. Student interns will also have case discussions together with practitioners.

#### CL1xxH Herbal Clinic

0/0/36/1.5 per clinic session

Prereq: See Clinic Manual

Coreq: HT0332

In addition to the acupuncture clinical training, students will receive specific supervision and training in Chinese herbal treatment of common clinical diseases using herbal formulation with modifications as well as Chinese patent herbs. A minimum of 72 hours of herbal clinic internship is required for graduation.

# Faculty

AOMA's faculty are among the finest in the world. Experienced clinicians, researchers and educators, their dedication to the profession and to students' success is a treasure. Faculty members who both teach and supervise are indicated with an asterisk (\*).

Full-time Faculty

Yongxin Fan, LAc, MD (China)\*

Department of Integral Studies BMed, Beijing College of Acupuncture and Orthopedics, 1991

Yongxin Fan is an accomplished instructor of traditional Chinese tuina. He practiced and taught as an attending medical doctor and instructor in the Acupuncture Institute at the Chinese National Academy of TCM and at the Beijing International Acupuncture Training Center. A member of AOB-TA, Yongxin Fan has lectured and worked as a visiting professor in Holland, Germany and Japan. He has more than 16 years of clinical experience and his research has been published in the National Journal of TCM. He specializes in applying an integrated therapy of acupuncture, herbs and tuina to treat various pain syndromes, acute and chronic articulation and muscle injury lumbago, recovery of fractures, headaches, stress, allergies, insomnia, and gastrointestinal disorders. Fan has instructed at AOMA since 2002.

Yuxing Liu, LAc, PhD, MD (China)\*

Director, Department of Research PhD, Chengdu University of TCM, 2003 MMed, Chengdu University of TCM, 1995 BMed, Hunan College of TCM, 1992

Yuxing Liu served as director and associate researcher of the Central Lab of Acupuncture and Tuina College of Chengdu University of TCM. He directed and instructed over 14 research projects, including "Insomnia due to hyperkinesias treated with TCM," funded by China National Sports Committee (1998-2001) and "Treatment and prevention of shift-syndrome and 'Jet-lag' by TCM," funded by China National Nature Science Foundation (1993-1996). He has published dozens of research papers and articles, as well as seven textbooks on TCM, one of which is being used nationally by postgraduate students in TCM colleges and universities throughout China. Liu has instructed at AOMA since 2004.

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Calligraphy Banner, hand lettered by Cheng Xin-Nong, in honor of AOMA's contribution to the development of the acupuncture field. Cheng Xin-Nong is the author of the textbook, Chinese Acupuncture and Moxibustion and is Academician of the Chinese Academy of Sciences.

#### Song Luo, LAc, PhD, MD (China)\*

Department of Acupuncture PhD in Medicine, Chengdu University of TCM, 2003 MMed, Chengdu University of TCM, 2000 BMed, Chengdu University of TCM, 1993

During his twelve years at the Sichuan Provincial People's Hospital in Chengdu, China, Luo was entitled an "Excellent Doctor," an honor

bestowed on only 10 of the 2000 doctors in the hospital. He taught undergraduate and post-graduate students at the Chengdu University of TCM, and gave lectures to a variety of audiences including local doctors, patients, and foreign doctors from more than 15 countries in Europe, America and Asia. He has been a professional interpreter for the Chengdu University of TCM as well as for international medical delegations. Luo's research experience includes effects of electro-acupuncture on Alzheimer's Disease, and the use of acupuncture and herbal treatments on cerebral hemorrhage. Luo has instructed at AOMA since 2005.

Dongxin Ma, LAc, PhD, MD (China)\*

Director, Department of Herbal Studies DMed, Beijing University of TCM, 1997 MMed, Heilongjiang University of TCM, 1993 BMed, Heilongjiang University of TCM, 1990 Dongxin Ma practiced Oriental medicine and taught foreign students in China for more than eight years before coming to the United States. An expert in both acupuncture and Chinese herbs, Ma has published research papers and books, and has participated as a presenter in several international conferences in the field. He maintains an active clinical practice where he specializes in treating women's disorders and allergies. Ma has instructed at AOMA since 1999.

#### Raja Mandyam, MD (India)

Director, Department of Biomedical Sciences MBBS, Bangalore University, 1966

Raja Mandyam obtained membership of the Royal College of Physicians, London in 1974 and held a consultant post at Medway Hospital in Kent, England, specializing in intensive care. He has worked worldwide and has held consultant physician positions in England, India, Papua New Guinea, and Saudi Arabia. He taught for more than 10 years at a medical school in Bangalore, India. Mandyam is interested in the adaptation of modern medicine into trans-cultural settings and extending healthcare teaching at all levels. In 1998, he was elected to the fellowship of the Royal College of Physicians, London. Mandyam has instructed at AOMA since 2000.



AOMA classroom

Yuxia Qiu, LAc, MD (China), MS\*

Department of Integral Studies MMed, Chengdu University of TCM, 1999 BMed, Hebei College of TCM, 1996

Yuxia Qiu has practiced and taught foreign students in a TCM hospital in Beijing. As a practitioner of traditional Chinese medicine and qigong, she has published many papers and books in several research fields, including gastrology, gynecology, needle techniques, qigong, and the fundamental theory of TCM. Qiu has instructed at AOMA since 2001.

#### Xiaotian Shen, LAc, MD (China), MPH (Israel)\*

Director, Department of Clinical Training MPH, Hebrew University, 1999 BMed, Chengdu University of TCM, 1993

Xiaotian Shen has taught acupuncture and herbal medicine at two colleges in China and was a traditional Chinese medicine physician at the Teaching Hospital of Sichuan College of Medicinal C.E. In addition to contributing to various professional journals, Shen serves as a member of the NCCAOM exam-writing committee and is a certified examiner of Clean Needle Techniques. He is a frequent presenter at national conferences on topics such as the use of traditional Chinese medicine in treating patients with multiple sclerosis, hepatitis, and diabetes; and on the interactions between Chinese herbs and pharmaceuticals. Shen has instructed at AOMA since 1999.

Qianzhi (Jamie) Wu, LAc, MD (China), MS\*

Dean of the Faculty

MMed, Chengdu University of TCM, 1985

BMed, Lu Zhou Medical College, 1982

Qianzhi Wu studied acupuncture from a veteran barefoot doctor, starting his practice of traditional Chinese medicine in 1977 and later enrolling in TCM schools for seven years. Wu is a past

commissioner of the NCCAOM and served as the chairman of NCCAOM's Chinese Herbology Examination Development Committee and the chairman of the Asian Bodywork Examination Development Committee. Wu has published six books (four of them as the primary author). He maintains an active clinical practice at AOMA's Professional Clinic, specializing in treating internal medical disorders, sports injuries, pediatrics, and pain management. Wu has instructed at AOMA since 1996.

**Zheng Zeng, LAc, MD (China), MS\***Director, Department of Acupuncture Studies

MMed, Chengdu University of TCM, 1994

BMed, Chengdu University of TCM, 1991

Zheng Zeng practiced at the Teaching Hospital of Chengdu University where she taught both Chinese and foreign

students for more than eight years, She also practiced and taught in Tel-Aviv, Israel from 1996 to 1997. She is interested in ancient TCM works and recent research, and has participated in clinical research on treating diabetes and rheumatoid arthritis with herbs and acupuncture. She has published papers and books about her clinical experiences and research, such as treating psycho-emotional diseases with acupuncture and treating gynecological and dermatological diseases with acupuncture and herbs. Zeng has instructed at AOMA since 2002.

## Special Instructor

#### Junfeng Li, Instructor

Department of Integral Studies

BA, Beijing Institute of Physical Education, 1965

Junfeng Li is perhaps best known as having been the head coach of the world-renowned Beijing Wushu (Martial Arts) Team and National Wushu Team of the People's Republic of China. Under his leadership, the Beijing Wushu Team consistently won first place in national and international competitions for over 12 years, elevating the standards of excellence and quality worldwide. He is the principal teacher of Sheng Zhen Wuji Yuan Gong. Li also serves as special advisor to the World Academic Society of Meical Qigong and the Qigong Science Research Association of China. He has taught in more than 20 countries and has instructed at AOMA since 2002.

Adjunct Faculty

#### Matthew Adinaro

Department of Integral Studies

MBA, University of Texas at Austin, 2001

BS, University of Texas at Austin, 1990

Mr. Adinaro has served since 2001 in military intelligence for the US Army Reserve after a career in consulting and managing elec-

tronic databases and operational systems. His wife is a licensed acupuncturist and in the last two years, he has assisted her in establishing her practice. Mr. Adinaro brings his experience in business to bear in teaching in practice management.

#### N.D. Victor Carsrud, DC

Department of Biomedical Sciences

DC, Texas Chiropractic College, 2005

MS, University of Texas Medical Branch at Galveston, 1998

BS, Trinity University, 1994

Dr. Carsrud is currently in private practice in Austin. He completed post-doctoral diplomate training from the American Board of Chiropractic Internists from 2005-2008 at the National Health Sciences University in Chicago. His work focused on the diagnosis and naturopathic management of internal disorders. His educational background in biology, biochemistry and genetics has enabled him to participate in health care research and to teach courses in genetics, anatomy and physiology. Dr. Carsrud has been instructing at AOMA since 2008.

#### John Chen, LAc, PharmD, OMD (CA)

Department of Biomedical Sciences

PharmD, University of Southern California School of Pharmacy, 1994 John Chen actively participates in education, research, and the frontiers of contemporary application of herbal medicine. A recognized authority on Chinese herbal medicine and Western (allopathic) pharmacology, Dr. Chen has written extensively on Oriental medicine and alternative complementary/integrative medicine for professional publications, journals, and texts, drawing on his wealth of specialty post-graduate training and experience in mainland China in herbology as applied in internal medicine, and on his doctoral degree from the University of Southern California (USC) School of Pharmacy and studies at South Baylo University of Oriental Medicine. Chen has instructed at AOMA since 2005.

#### Han Dong, LAc, MD (China), MS\*

Department of Herbal Studies

MS, Liaoning College of Traditional Chinese Medicine, 1991 BMed, Liaoning College of Traditional Chinese Medicine, 1989

In September 1996, after earning his degrees at the Liaoning College of TCM, Han Dong began a PhD program in Pharmacology at China Medical University in Shenyang, China. After nearly two years of study, he left the program to come to the United States in July 1998. During twenty-one years of teaching and practicing TCM, he has accumulated many rich educational and clinical experiences. In his classes, Dong combines modern understanding with traditional Chinese medicine classics. He has written and published four books (in English and Chinese) and many academic papers. He has been a member of the AOMA faculty since 2007.

#### Joel Cone, DC, Postgraduate Certification in Acupuncture

Department of Biomedical Sciences

DC, Texas Chiropractic College, 2001

BS, Texas Chiropractic College, 2001

Dr. Cone has extensive experience in reading MRI, CT, and radiographic images, and performing comprehensive physical examination on surgical patients. He brings together knowledge in clinical anatomy, physiology, patient management and acupuncture with enthusiasm to biomedical science. He enjoys showing students ways to apply knowledge in anatomy and physiology to

their future practices. Dr. Cone maintains an active clinic practice in the Austin area. Cone has instructed at AOMA since 2005.

#### Jimmie L. Coombes, MS

Department of Integral Studies

MS, St. Mary's University, 1975

BA, A&M College of Texas, 1963

Jimmie Coombes is a retired USAF Colonel and a decorated command pilot with more than 6,000 hours of flying time. During his Air Force years, Col. Coombes taught leadership, professional ethics, force planning, defense policy and decision making at two senior service defense studies colleges. During his military career, he served on the faculty of the Air War College and the NATO Defense College. Col. Coombes has more than 19 years of teaching experience. He has been instrumental in developing the business affairs of two schools of Oriental medicine. He has instructed at AOMA since 2002.

#### Richard Ray Espinosa, RPh, PharmD

Department of Biomedical Sciences

PharmD, University of Texas, 2001

Richard Espinosa is the department chair for the Allied Health Science Department and has been a professor of medical terminology at Austin Community College (ACC) since 1994. He is currently a practicing part-time pharmacist at HEB Pharmacy. He designed and developed a course packet and accompanying videos for the medical terminology and pharmacology courses at ACC. He has instructed at AOMA since 2005.

#### Carl Bruce Gacono, PhD

Department of Integral Studies

PhD, United States International University, 1988

MA, California Polytechnic State University, 1981

BS, Lebanon Valley College, 1976

Carl Gacono is a licensed psychologist who maintains a private clinical and forensic practice in Austin, Texas. Formerly the assessment center director at Atascadero State Hospital and later the chief psychologist at the Federal Correctional Institution in Bastrop, Texas, he has over 20 years of organizational experience. He is co-author of Contemporary Rorschach Interpretation, editor of The Clinical and Forensic Assessment of Psychology: A Practitioner's Guide, and has authored or co-authored over 50 scientific articles and book chapters. He is the 1994 recipient of the Samuel J. and Anne G. Beck Award for excellence in early career research, the 2000 recipient of the Walter G. Klopfer Award, a member of the American Board of Assessment Psychology, and a fellow of the Society for Personality Assessment. Dr. Gacono is sought as an expert in the areas of personality disorders, criminal behavior, psychopathy, and risk assessment. He has instructed at AOMA since 2005.

#### Yan He, LAc, MD (China)\*

Department of Integral Studies

BMed, Chengdu University of TCM, 1984

Yan He is an acupuncturist and herbal specialist with more than eighteen years of experience in practicing and teaching acupuncture and Chinese herbs. She has a private practice at AOMA's Professional Clinic. She has published several textbooks on acupuncture and herbs as well as dozens of articles. She often combines Chinese food therapies with her acupuncture and herbal practice. She has instructed at AOMA since 2002.

#### Yuxin He, LAc, PhD, MD (China)\*

Dean of Academics

DMed, Liaoning College of TCM, 1994

MMed, Nanjing University of TCM, 1989

BMed, Jiangxi College of TCM, 1986

Yuxin He has taught at five of China's top medical schools and has authored eight books and numerous research papers on Chinese medicine. He was one of two post-doctorate researchers in the field of TCM in China prior to 1995, in a program designed to develop excellent high-level young scientists and academic leaders in the profession. He served as the vice chairman of the Special Needling Technique Committee of the National Folk Therapy Association and as a committee member of the Editing Committee of the International Journal of Clinical Acupuncture and the NCCAOM. He is an acupuncture and herbal specialist with more than eighteen years of experience in practice and teaching acupuncture and Chinese herbs. He has an active practice in Austin, Texas specializing in pain management, emotional stress, immune disorders, chronic fatigue, dermatology, and cancer patients undergoing chemotherapy and radiation. He has instructed at AOMA since 1996.

#### Mary V. Mirto, DO

Department of Biomedical Sciences DO, University of North Texas, 1993

Mary Mirto is a diplomat of the American Board of Obstetrics and Gynecology. Dr. Mirto maintains a private practice in obstetrics and gynecology at St. David's Medical Center where she also serves on the Continuing Medical Education Steering Committee and participates in quality assurance. Her practice includes general gynecology, healthy and high risk obstetrics, and preventative healthcare for women. As a physician, she believes in a holistic approach to patient care. Dr. Mirto has instructed at AOMA since 2005.

## Lorena Monda, LAc, Licensed Clinical Mental Health Counselor (NM), OMD (NM)

Department of Integral Studies

OMD, Southwest Acupuncture College, 1988

MS, California State University, Long Beach, 1979

BA, Florida State University, 1976

Lorena Monda has a private practice in traditional Chinese medicine and body-centered psychotherapy. She has served on the faculty of the Southwest Acupuncture College in Santa Fe and has also been a consultant to the Texas Council on Family Violence and the Center for Battered Women in Austin. Lorena is the author of *The Practice of Wholeness: Spiritual Transformation in Everyday Life.* She is also a certified Hakomi therapist and trainer for the Hakomi Institute for Body-Centered Psychotherapy. She has instructed at AOMA since 1994.

#### Teresa Pugh, MD

Department of Biomedical Sciences

MD, Virginia Commonwealth University

Dr. Pugh is a graduate of Washington and Lee University and attended the Medical College of Virginia at Virginia Commonwealth University where she received her medical doctor degree. She completed her family practice residency at Carilion Health Systems in Virginia. She began her medical practice in Virginia and in 2004 came to Austin. She is a diplomate of the American Board of Family Medicine and has been instructing at AOMA since 2007.

#### Rosa N. Schnyer, LAc (MA)

Department of Integral Studies

Diploma in Acupuncture, Tri-State College of Acupuncture, 1987 Bachelor of Professional Studies in Interdisciplinary Studies, State University of New York, 1988

Rosa Schnyer is an acupuncturist/Chinese herbalist and a Research Associate at the Osher Institute at Harvard Medical School and at The New England School of Acupuncture. In addition, she serves as a consultant to the Department of Psychiatry at Stanford University and the Department of Pediatrics at the University of Arizona. She is co-Investigator of several National Institute of Health funded research projects investigating acupuncture and copresident of the Society for Acupuncture Research. Ms. Schnyer is the author of Acupuncture in the Treatment of Depression: A Manual for Research and Clinical Practice, Curing Depression with Chinese Medicine, and several book chapters and articles on acupuncture research methodology.

#### Kerbey J. Stewart, MD

Department of Biomedical Sciences

MD, University of Utah School of Medicine, 1981

Dr. Stewart completed a two-year psychiatric residency in Berkley, California and served for three years at the Austin State Hospital. He also has a background in family practice, holistic medicine and emergency medicine. He is a graduate of the North American Academy of Oriental Medicine course on acupuncture, a 120 hour program for physicians. His experience as a consultant in counseling individuals, families and couples is another strength that he brings to his role as adjunct faculty at AOMA, where he has been instructing since 2008.

#### Ziyang Zhou, LAc, MD (China), MS\*

Department of Herbal Studies

MMed, Heilongjiang Academy of TCM, 1991

BMed, Anhui College of TCM, 1988

Ziyang Zhou was a chief clinical physician at the first specialized acupuncture hospital in China prior to 1995. He holds three patents for acupuncture equipment in China and has done extensive research on moxibustion and scalp acupuncture. He has published several research papers and is the author of four books. He has been practicing Chinese medicine since 1988 and teaching Chinese acupuncture and herbology in the United States since 1995. He has instructed at AOMA since 2001.

## Teaching Assistant

#### Lesley Hamilton, LAc, MSOM

Department of Herbal Studies

MSOM, Academy of Oriental Medicine at Austin, 2002

BS, University of Wisconsin, 1979

Lesley maintains her own clinical practice in addition to assisting in herbal labs at AOMA. She edited Ziyang Zhou's text, *Chinese Herbology – A Student Study Guide*, in use at AOMA.

## Clinical Supervisors

In addition to designated faculty members, indicated with an asterisk (\*) and whose bios can be found in the previous sections, the following individuals serve as clinical supervisors, providing

student interns with a variety of practice styles from which to learn.

Yongxin Fan, LAc, MD (China)\*

Elizabeth Fordyce, LAc, MS

MS, Southwest Acupuncture College, 1993

BS, University of Puget Sound, 1980 Elizabeth Fordyce worked as an emergency medical technician for the Pecos Ambulance Company and the Santa Fe Ski Patrol from 1987 to 1992. Elizabeth has practiced as a licensed acupuncturist and registered message therapist for over 15 years.

Yan He, LAc, MD (China)\*

Yuxin He, LAc, PhD, MD (China)\*

Robert Laguna, LAc, MSOM MSOM, Academy of Oriental

Medicine at Austin. 1997 BA. Southwest Texas State

University, 1987

Robert Laguna holds a teaching certificate in Texas and has over ten years of experience teaching in the Texas public school system. In 1998, he was part of an acupuncture brigade that brought relief and education to medical personnel in Honduras in the wake of Hurricane Mitch. His experience includes the treatment of patients with chemical dependencies as well as working in family practice clinics alongside Western physicians.

Yuxing Liu, LAc, PhD, MD (China)\*

Song Luo, LAc, PhD, MD (China)\*

Dongxin Ma, LAc, PhD, MD (China)\*

William R. Morris, LAc, PhD(c), MSEd, MTOM

PhD(c), California Institute of Integral Studies, 2008 MSEd, USC, Los Angeles, 2004

MTOM, Emperor's College, Santa Monica, 1990

Will Morris is an internationally renowned leader, teacher and professional practitioner. With over twenty years of clinical experience, he has published on the treatment of lupus, multiple sclerosis and other autoimmune diseases using Oriental medicine. It is said that the highest level of scholarship in Oriental medicine is the mastery of pulse diagnosis. As such, Will has trained with masters of this art and science for over two decades, and was responsible for developing the doctoral level curriculum on the subject. Will is the president emeritus of the American Association of Acupuncture and Oriental Medicine, a national organization dedicated to the integration and advancement of acupuncture and Oriental medicine into western culture.

Karen Nunley, LAc, MSOM

MSOM, Academy of Oriental Medicine at Austin, 1996

BA, University of Texas, 1980

Karen Nunley has practiced acupuncture as a licensed acupunc-



AOMA classroom

turist since 1996, specializing in the treatment of acute and chronic pain, allergies, stress, chemical addictions, and gynecological problems. She was honored as a "Founder of Texas Acupuncture" by the Texas Association of Acupuncture and Oriental Medicine in 1997. She also serves as a consultant to the investigative division for the Texas State Board of Acupuncture Examiners.

#### Zimei Pan, LAc, MSOM

MSOM, Academy of Oriental Medicine at Austin, 2000 MA, Heilongjiang University, 1996

Pan has been a teacher of traditional Chinese medicine for over seven years. She maintains a private clinical practice in Austin specializing in acupuncture and herbal treatment of women's diseases.

Yuxia Qiu, LAc, MD (China), MS\*

Xiaotian Shen, LAc, MD (China), MPH (Israel)\*

Qianzhi (Jamie) Wu, LAc, MD (China), MS\*

Qiao Xu, LAc, MD (China)

BA, Liaoning College of TCM, 1983

Qiao Xu has over 20 years of experience as a teacher and practitioner of traditional Chinese medicine. She has performed extensive research in the field of Chinese medicine, focusing primarily on internal medicine and gynecology. She has a clinical practice in Austin.

Zheng Zeng, LAc, MD (China), MS\*

Zhongling Zhang, LAc, MD (China)

BMed, Beijing College of TCM, 1983

Zhongling Zhang has over 20 years of clinical experience practicing Chinese medicine in China and the United States. She currently maintains a private practice at AOMA's Professional Clinic, and specializes in the treatment of allergies, insomnia, stress, and depression.

Ziyang Zhou, LAc, MD (China), MS\*

## Personnel

#### PRESIDENT'S CABINET

#### **President**

William R. Morris, LAc, PhD(c), MSEd, MTOM PhD(c), California Institute of Integral Studies MSEd, Medical Education, University of Southern California

MTOM, Traditional Oriental Medicine, Emperor's College

BS, Business Administration, University of Phoenix

#### Dean of Faculty

Qianzhi (Jamie) Wu, LAc, MD (China), MS MMed, Chengdu University of TCM BMed, Lu Zhou Medical College

#### **Provost**

Veronica L. Conners, RN, PhD, EdD PhD, University of Texas at Austin EdD, University of Houston MSN, Ohio State University BSN, Texas Women's University

Vice President, Operations & Development Linda J. Fontaine, CPA, MAcOM

MAcOM, Academy of Oriental Medicine at
Austin

RRA Accounting University of Tayos at Austin

BBA, Accounting, University of Texas at Austin

## Vice President, Student Services & Institutional Effectiveness

Anne Province, MA, MBA
MA, Religion, Episcopal Theological Seminary
of the Southwest
MBA, Finance, Texas A&M University
BA, History, Baylor University

#### ADMINISTRATIVE STAFF

## Academic Advisor, Assistant to Provost Lesley Hamilton, LAc

MS, Oriental Medicine, Academy of Oriental Medicine at Austin

BS, Agriculture, University of Wisconsin

#### Dean of Students & Academic Advisor

Robert Laguna, LAc

MS, Oriental Medicine, Academy of Oriental Medicine at Austin

BA, Music, Southwest Texas State University

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MS, Biology, Florida International University BA, Biology, Smith College

#### Librarian

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#### **Director of Human Resources**

Jackie Bien

BB, Personnel Management, Western Illinois University

#### **Facilities**

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BA, Journalism, University of Texas at Austin

#### Clinic Business Director Laura Coffey

#### **Community Services Director**

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BA, Anthropology, University of Texas at Austin BA, Spanish, University of Texas at Austin

#### **Financial Aid Director**

Jackie Bien

BB, Personnel Management, Western Illinois University

#### Financial Services Coordinator

Nicole Cadena

## **Information Technology Support Staff** Mario Castillo

#### Institutional Effectiveness Research Coordinator

Meera Hoffman

BS, University of Texas at Austin

#### Registrar

Kristen Borthwick

BA, Communications, Randolph-Macon Woman's College

#### Director of Retail, White Crane General Manager

Tristan Cliff

#### Bursar

Kylie Elliott

#### **Notice**

Students are expected to adhere to all rules, regulations, and policies contained within this catalog as well as the AOMA Student and Clinic Manuals. Students who attend full-time normally graduate under the curriculum in place at the time of their original enrollment. However, AOMA reserves the right to add, amend, or repeal any of the rules, regulations, policies, and curriculum printed herein. The provisions of this catalog do not constitute a contract, expressed or implied, between any applicant, student, faculty member, or any other person and the Academy of Oriental Medicine at Austin.

All fees are subject to change without notice. No refunds will be given for classes cancelled due to natural disaster, inclement weather, or other similar circumstances.

The Academy of Oriental Medicine at Austin does not discriminate in its educa-

tional programs, financial aid programs, employment or any other activities on the basis of race, color, creed, religion, sex, sexual orientation, national origin, ancestry, age, marital status, veteran status, medical condition, disability unrelated to job performance, or any basis prohibited by law.

The Academy of Oriental Medicine at Austin complies with the laws of the State of Texas. The facilities AOMA occupies and the equipment it utilizes fully comply with federal, state, and local ordinances and regulations, including fire safety, building safety and health requirements.

#### **Legal Status and Institutional Control**

The general partner of the limited partnership is Academy of Oriental Medicine, Inc. (the "corporation"), a Texas subchapter-S corporation with three shareholders: Linda J. Fontaine, Richard D. Pomp, and William R. Morris. The corporation has a three-member board of directors (Linda J.

Fontaine, Richard D. Pomp and Qianzhi Wu) that is responsible for the legal and general business affairs of the corporation, and an eight-member board of governors, the majority of which are public members, that control the institution. The corporate officers are William R. Morris (president) and Linda J. Fontaine (vice president, secretary and treasurer). The institution also has a seven-member council of advisors that provides inputs to the board of governors and to the institutional officers.

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#### REFERENCE RESOURCES

For general information on acupuncture, Oriental medicine, and Asian bodywork training programs:

#### **ACAOM**

Accreditation Commission for Acupuncture and Oriental

Medicine

Maryland Trade Center # 3

7501 Greenway Center Drive, Suite 760

Greenbelt, MD 20770 Phone: (301) 313-0855 Fax: (301) 313-0912 www.acaom.org

#### **CCAOM**

Council of Colleges of Acupuncture and Oriental Medicine

3909 National Drive, Suite 125

Burtonsville, MD 20866 Phone: (301) 476-7790 Fax: (301) 476-7792 www.ccaom.org

#### **AOBTA®**

American Organization for Bodywork Therapies of Asia

National Headquarters

1010 Haddonfield-Berlin Rd., Suite 408

Voorhees, NJ 08043-3514 Phone: (856) 782-1616 Fax: (856) 782-1653 www.aobta.org

#### **AAAOM**

American Association of Acupuncture and Oriental Medicine

PO Box 162340

Sacramento, CA 95816 Phone: (916) 443-4770 Fax: (916) 443-4766 Fax Toll-Free: (866) 455-7999 www.aaaomonline.org

#### **THECB**

The Texas Higher Education Coordinating Board 1200 East Anderson Lane, Austin, TX 78752 Mailing address: P.O. Box 12788, Austin, TX 78711

Phone: (512) 427-6101 Fax: (512) 427-6127

Outside the Austin metro area: (800) 242-3062

www.thecb.state.tx.us

For information on the licensing regulations in the specific states listed below:

#### Texas\*

State Board of Acupuncture Examiners Texas Medical Board 333 Guadalupe St. Tower 3, Suite 610 Austin, TX 78701 www.tmb.state.tx.us

#### California\*

State Department of Consumer Affairs The Acupuncture Board 444 N. 3rd St., Suite 260 Sacramento, CA 95814 Phone: (916) 445-3021 Fax: (916) 445-3015 www.acupuncture.ca.gov

\*AOMA's Oriental medicine program has been approved by these states.

For national testing information:

#### **NCCAOM**

National Certification Commission for Acupuncture and Oriental Medicine

76 South Laura Street, Suite 1290

Jacksonville, FL 32202 Phone: (904) 598-1005 Fax: (904) 598-5001 www.nccaom.org



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